

Food Accessibility

Access to healthy foods is a key issue, especially for people without cars. Smart Growth strategies support providing supermarkets, or fruit and vegetable stores, within a mile of residential areas that would be within easy walking distance. Alternatively, if that is not possible, Smart Growth tactics support providing easy and affordable transit options from residential neighborhoods to supermarkets.

Case Studies

- [Community Design for Healthy Eating: How Land Use and Transportation Solutions Can Help](#)
 - A research paper from the Robert Wood Johnson Foundation, examines how community design and transportation flaws have contributed to a decrease in physical activity among Americans and an increase in rate of obesity.
- [The Food Trust's Supermarket Campaign](#)
 - Seeks to improve access to supermarkets in underserved communities through utilizing economic development resources, public-private partnerships, research, and policy advocacy to address negative impacts related to the lack of food retail choices across the country.

Other Resources

- [Interactive: Supermarket Flight](#)
 - This interactive link describes the history of the movement of supermarkets out of low-income communities and the resulting influx of fast food restaurants. It also offers some potential solutions to this public health problem.
- [8th Annual New Partners for Smart Growth Conference](#)
 - Albuquerque, New Mexico. Jan 22-24, 2009.
- [Lessons learned from the "Food for Growth" studio](#)
 - Discusses incorporating smart growth principles to improve food access in urban neighborhoods.
- [Supporting Smart Growth and Urban Agriculture on Rooftops](#)
 - Examines the way in which rooftop agriculture can help mitigate the negative impacts of urban sprawl, and encourage communities in the food production process.