Minority Mental Health Month #MHEquityHour Twitter Chat
Mental Health Care for Minority Women and Children

Important Details:
Date: Thursday, July 16, 2020
Time: 1-2 p.m. ET
Hosts: AMCHP (@DC_AMCHP) & ASTHO (@ASTHO)
Hashtag: #MHEquityHour

Questions will be posted every six minutes starting at 1 PM ET. Please use this six-minute period between questions to submit responses. Please use a standard A1 format for your answers and remember to use the #MHEquityHour hashtag.

Questions:

• Q1. What does an equitable mental health system look like to you? Please remember to use the hashtag #MHEquityHour & start your reply with A1.

• Q2. For minority women and children, what are some of the barriers that exist within the mental health system? #MHEquityHour

• Q3. How can we begin to address these barriers? What opportunities exist to improve disparities in the mental health space for minority women and children? #MHEquityHour

• Q4. Why is it so important that we build an equitable system of mental healthcare for women and children? #MHEquityHour

• Q5. How has COVID-19 impacted access to mental healthcare and what has this taught us about our existing system of care, particularly for minority women and children? As we continue to respond to COVID-19, how can we better address mental healthcare? #MHEquityHour

• Q6. How does structural racism impact minority women and children’s mental health and access to care? #MHEquityHour

• Q7. Let’s celebrate progress! What is an initiative or success story that’s shown promise for reducing health disparities in the mental health space for women and children? #MHEquityHour

• Q8. Our last question of the day is a request! Please share your resources on mental health for minority MCH populations for us to see and amplify. #MHEquityHour

Questions? Please contact Jess Cohen at jcohen@amchp.org