New York State Obesity Prevention in Pediatric Health Care Settings (OPPHCS)

**Partners Involved:** New York State Department of Health, variety of pediatric practice settings (CHC, private practice, rural health clinic)

**Description of the Integration:** Obesity Prevention in Pediatric Health Care Settings (OPPHCS): This quality improvement initiative will work with up to 380 pediatric practices across 9 regions of New York State, over a four year period. The OPPHCS network is implementing system change interventions to ensure pediatric and adolescent healthcare is delivered in concordance with the Expert Committee Recommendations on the Assessment, Prevention and Treatment of Child and Adolescent Overweight and Obesity such that there is: • An increase in the percentage of children ages 2 to 18 with a BMI in the ≥5th to ≤84th percentile (healthy weight) from 66% to 75% • A decrease in the percentage of children ages 2 to 18 with a BMI ≥95th percentile (obese) from 17% to 15% Population of Focus: Children ages 2 to 18 at well-child visit

- **Resources Required:** Federal grant, state grant
- **Results:** Assisting practices in aggregating BMI data on pediatric patients in the practice. Indicator is successful reduction in BMI on a practice level.
- **Key Elements for Success:** Collaboration between public health and clinical staff. Shared goals.
- **Lessons Learned:** Ongoing communication is critical. Be sure goals are shared goals at the beginning of the project. Frequent check-in to be sure project is on track.

**Movement on the Integration Scale:** Start: mutual awareness; Finish: cooperation; Desired: collaboration

**Website Links:**

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