

Responding to Pain Clinic Closures

A GUIDE FOR STATE HEALTH DEPARTMENTS

JUNE 2020

ASSOCIATION OF STATE AND TERRITORIAL HEALTH OFFICIALS

Introduction

This guide aims to help state health officials and staff develop protocols to facilitate a rapid response to a pain clinic closure. Forming an assessment team (A-Team) and clinic closure response team (CCRT) are key components of an effective response. This guide consists of potential action steps to consider, along with factors for success, for each phase of the planning and response process. These tips are followed by sample job action sheets and other resources meant to support each phase of the process.

The information included in this guide is based on a review of the literature and resources available on current practices, including protocols provided by Maryland, Washington state, West Virginia, and expert guidance provided by state representatives, federal partners and organizations who attended ASTHO's Building State Opioid Preparedness meeting in January 2019. For the local perspective, NACCHO provided feedback on the guide and ASTHO staff attended local tabletop exercises in Chattanooga and Johnson City, Tennessee to inform the guide.

In May and July 2019, ASTHO conducted tabletop exercises with Utah and Georgia based on the phases of this guide. Information from the after-action reports from those exercises are incorporated in this guidebook.

This guide is not meant to replace existing emergency protocols your state might have in place. Rather, it is intended to serve as a model to consult for augmenting or informing your current pain clinic closure response process.

Primary Components

PHASE 1: Pre-Incident PlanningPHASE 2: Immediate Phase(Mobilization through first 24 hours)

PHASE 3: Intermediate Phase (Through week one)

PHASE 4: Longer-Term Response (Beyond week one)

Appendices

APPENDIX A: Job Action Sheets for CCRT Partners

APPENDIX B: References and Background Information

APPENDIX C: Calling for Help

APPENDIX D: Glossary

APPENDIX E: Decision Tree

APPENDIX F: Data Sources for Opioid Surveillance

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PHASE 1:

PHASE 1:

Pre-Incident Planning

The most effective response to a pain clinic closure will be achieved through planning for an event. Phase 1 consists of six main activities.

PHASE 1 OVERVIEW:

- 1. Identify the Assessment Team (A-Team)
- 2. Conduct a readiness assessment
- 3. Train stakeholders
- 4. Plan communication strategies
- 5. Establish a Clinic Closure Response Team (CCRT)
- 6. Test the plan

Identify the Assessment-Team (A-Team)

The A-Team will initiate and coordinate the response planning, including identification of the clinic closure response team (CCRT) members. During an incident, the A-Team will convene and decide whether to activate the CCRT. A-Team responsibilities include:

- Consider the state's current processes, including key players to involve in pre-planning and available data sources
- Identify threshold for when the CCRT should activate; the threshold will differ depending on the locality of the incident and its available workforce and resources
- Develop tasks and assign roles and responsibilities, such as:
 - Conduct mission briefings with all partners/ stakeholders so that everyone understands their roles and responsibilities
 - Develop job action plans for each member (see Appendix A)

Potential Assessment Team Members

- Bureau for public health
- Office of inspector general
- Bureau for medical services
- Bureau for behavioral health
- Communications officer
- Office of drug control policy/ opioid response
- Board of pharmacy
- Board of medicine
- Local health officers
- Pain clinic directors
- Strengthen relationships and connections to build awareness about protocols for alerting others (e.g., a medical examiner or EMS, or ED provider noticing a surge reporting it)
- Develop a phone tree and contact list
- Identify and connect with other stakeholders who may be involved in or affected by a clinic closure, for example:
 - Emergency departments
 - Primary and ambulatory care clinics
- State medical review board
- Health systems and quality assurance

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Conduct a Readiness Assessment

The state health department with help from the A-Team should conduct a readiness assessment to evaluate state capacity to address a pain clinic closure. Workforce readiness includes:

- Assess the number of pain clinics in the state and their capacity to accept new patients
- If possible, verify the number of MAT-waivered providers and assess their experience with MAT
- Review location of waivered prescribers; if there is a deficit, consider models of telehealth across the state
- Understand the capacity of local hospitals. Rural and urban hospitals are run differently. Differences may include management and programs, reimbursement models, EMS volunteer versus paid, and the level of experience of staff
- Create a list of available providers in specified areas and if possible, consider creating a GIS map of primary care practices linked to Medicaid claims data and the PDMP
- Contact your state's relevant office to determine which private insurers are contracted with the provider
- Consider the availability of peer recovery specialists to connect affected patients with continuity of care
- Relevant legislation:
 - Consider state legislation and try to predict what legal challenges may arise
 - Understand state data sharing laws, including your state's PDMP interoperability and who may access PDMP data
- Resource availability:
 - Assess the infrastructure of the area, including transportation challenges, especially in rural areas
 - Assess ability to build and obtain needed resources to fill gaps identified by readiness assessment
 - Ensure availability and distribution of naloxone to key areas
 - Check availability of hospital beds for treatment and rehabilitation
 - Check capacity of addiction treatment facilities
 - Check capacity of morgues to house fatal overdose victims

Tips for recruiting and collaborating with CCRT members:

- Sharing data is often a good way to get people to the table
- A mandate from the governor or executive leadership can bring people to the table
- Speaking a common language can facilitate good working relationships, so developing a one-pager of public health terms and definitions can facilitate communication

Train Stakeholders

Ensure on-going training is conducted with key stakeholders, including awareness of federal resources available, such as contacting the CDC rapid response team for technical assistance or requesting support through the Emergency Management Assistance Compact (EMAC). Also consider a plan for guarding first responders and volunteer individual responders (e.g., local medical reserve corps unit) against compassion fatigue.



Pre-Incident Planning

SUGGESTED TRAINING• Ensure capacity to provide training around tapering • Applying for a MAT wavier • Handling patients with co-morbid issues • Telehealth • Standing orders• Naloxone administration • Mental health crisis training • Good Samaritan laws • Compassion fatigue and available resources • Safety training, including: • Investigation and evidence handling • Searching subjects • Special operations and decontamination • Personal protective equipment• Naloxone administration • Awareness of resources, including the hotline, safe stations, and where to look for information during an incidence	STAKEHOLDERS	Prescribing professionals	Law enforcement and first responders	Local health districts	Community members
		training around tapering Applying for a MAT wavier Handling patients with co-morbid issues Telehealth 	 Mental health crisis training Good Samaritan laws Compassion fatigue and available resources Safety training, including: Investigation and evidence handling Searching subjects Special operations and decontamination Personal protective 	Public communication	 Awareness of resources, including the hotline, safe stations, and where to look for information during

Internal Interagency Communication

Determine key points of contact for:

- Acquiring data critical to assessment of resources
- Workforce capacity
- Relevant laws
- Data sharing within agencies

External Communication With Partners

Prepare a template message that can be used to inform external partners and community who may be impacted by a closure, including:

- Pain clinic patients
- Nearby pain clinic providers and other prescribers in the area
- Healthcare coalitions
- Hospitals
- EMS/first responders
- Harm reduction groups
- Law enforcement
- Pharmacists
- Media

Plan Communication Strategies

Consider planning internal interagency communication and external communication with partners and the community. Include developing or updating the current emergency response plan for each county:

- Develop initial plan between co-leads, circulate widely to all health officers, and sit down with local partners to figure out what will work locally
 - Plan should include goals and activities for immediate, intermediate, and longer-term responses (including an after-action process)
 - Plan should incorporate an after-hours response plan for the local public health department
 - Plan should specify what to do when various thresholds are met
 - Plan and stakeholder engagement should not include any language that stigmatizes substance use disorder

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Establish a Clinic Closure Response Team (CCRT)

The response team will function in an incident command structure and will centralize operations during an emergency incident (such as a pain clinic closure) and will also:

- Identify threshold at which further assistance will need to be sought out, such as (See Appendix C):
 - Requesting support from the CDC Rapid Response
 Team
 - Requesting support through the Emergency Management Assistance Compact (EMAC)
- Include goals and activities for immediate, intermediate, and longer-term responses (including an exit plan and hotwash process)
- Incorporate an after-hours response plan for the local public

Test the Plan

Exercises are critical for effective emergency preparedness. Conduct tabletop exercises so the response team can pilot test opioid spike action plan (OSAP) and modify as needed. The exercise will help assess your state's level of preparedness and identify areas of weakness to address through training.

Potential Clinic Closure Response Team Members

- Local officials (including directors of health and behavioral health, medical epidemiologist)
- Local public safety officials (fire, EMS, sheriffs, police chiefs)
- Regional emergency coordinator
- Opioid task force
- Office of Drug Control Policy director
- Drug intelligence officer (from DEA and HIDTA)
- Health communications director
- State office of the insurance commissioner, or another similar state body who can determine which private insurers are contracted with the provider
- Medicaid director
- Local and state social services officials (including those from child protective services)
- Other communications directors (from public safety, DOH, mayor's office, governor's office)
- Attorney general
- Medical officer
- Harm reduction lead
- Career epidemiology field officer
- Community drug coalitions
- People with lived experiences
- Recovery communities
- Family and friends of people who use opioids
- Neighboring local health departments

PHASE 2:

Immediate Response

(Mobilization Through First 24 Hours)

Phase 2 involves convening the A-Team within 24 hours of the closure to discuss the situation, resources, how many clinics might be affected, and the affected population, with the goal of deciding whether to activate the CCRT.

PHASE 2 OVERVIEW:

- 1. Assess the threat
- 2. Activate the CCRT team
- 3. Communicate the threat
- 4. Activate job action plans

Assess the Threat

Convene the A-Team with relevant data to analyze the situation.

- Consult relevant data to decide the threat level, including:
 - PDMP data
 - ED/EMS data
 - Medicaid data
 - Coroner investigatory reports
 - Additional data sources listed in Appendix F
- Review the readiness assessment
- Consider whether a hotline is needed for affected patients
- Consider workforce distribution to respond to the threat
- Keep up to date with number of pain clinics and pain clinic patients affected
- Understand the reason the pain clinic closed
 - Reason for the closure will determine whether the pain clinic still has access to patient records and the capacity to communicate to patients

Regardless of the A-Team's decision to activate the CCRT, conduct the following:

- Monitor and assess the situation and resources
- Continue to have regular frequent and quick A-Team meetings
- Work with the clinic or other authorized PDMP users to estimate the critical period during which most patients will be out of their medications
- Delegate tasks to complete in first 24 hours or activate job action plans
- Make sure there is a clear line of command and channels of communication
- Develop or implement plan to keep public health office open on weekend(s) and/or holiday(s) and to have public health officials available to respond to calls 24/7
- Understand the types of clinics in the area and review the capacity of the matched clinic with the closed clinic
 - If a similar clinic does not exist nearby, consider installing telehealth capacity
- Begin the assessment of naloxone availability

Activate the CCRT Team

Using the data and considerations assembled during the assessment phase, the A-Team will then decide whether to activate the CCRT. See the below table and Appendix E for a decision tree on activating.

Figure 1. Decision table to activate the CCRT

ACTIVATE CCRT YES	ACTIVATE CCRT NO
 Monitor and assess the situation and resources 	 Monitor and assess the situation and resources
 Continue having frequent and quick A-Team meetings 	 Continue having frequent and quick A-Team meetings
Contact members of the CCRT to activate	
Communicate the threat	
Activate job action plans	

Communicate the Threat

Notify healthcare facilities, relevant agencies, and the affected pain clinic to distribute guidance on what to expect from the closure. The affected pain clinic should post notification and guidance on the door for patients.

Relevant healthcare facilities to notify include:

- Pain clinics
- Hospitals
- Primary care outpatient clinics
- Providers
- Pharmacies
- Other relevant stakeholders in the affected jurisdictions
- For situational awareness consider also notifying first responders and law enforcement; Appendix B has communication templates

Activate Job Action Plans

Once the CCRT is activated, the roles and responsibilities of the job action plans should commence (see Appendix A).





Consider convening providers in the local community to make sure they understand the situation, have adequate knowledge to care for displaced patients, manage patients in a consistent way, and feel supported. In most situations, displaced patients—many of whom may be on high dose opioids—will seek out care in surrounding clinics.

PHASE 3:

Immediate Response (Through Week One)

Phase 3 includes immediate actions to consider after the CCRT has been activated. Refer to the job action sheets (see Appendix A) for detailed roles and responsibilities.

PHASE 3 OVERVIEW:

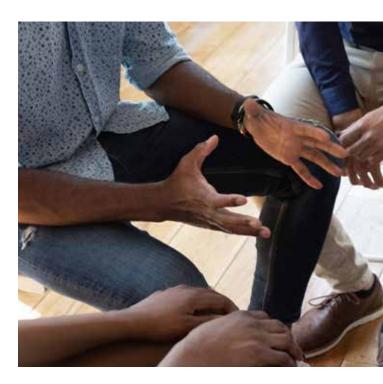
- 1. Monitor the threat
- 2. Communicate the threat
- 3. Coordinate continuity of care

Monitor the Threat

- Continue to review data regularly
- Consider the following:
 - What do data from regional EMS, local emergency departments, public health surveillance (active and syndromic) and Overdose Detection Mapping Application (ODMAP, if applicable) indicate?
 - Is any spike in overdoses happening as a result of pain clinic closure?

Communicate the Threat

- Establish a hotline for patients with referral information for continuity of care
- Reassess communication messages, delivery mechanisms, and target locations, and tweak if necessary – are they still accurate/appropriate? (see Appendix B for resources about communication)
- Issue a public service announcement
- Form a joint information center (JIC), which involves weekly meetings among all the public information officers (PIOs) to discuss the upcoming report and walk through the talking points for consistent messaging



- Consider having the state health official issue a "Dear Colleague Letter" to providers in the affected area notifying them of an expected surge in pain clinic patients from the closure. See an example from New York state regarding a surge in hepatitis from the opioid epidemic
- Reach out to pain clinics in the affected area to notify them of an expected increase in patients due to the closure

Coordinate Continuity of Care

Following a clinic closure, the officer of the local health jurisdiction is the key player to ensure patients are referred to care.

PHASE 4:

Longer Term Response (Beyond Week One)

Phase 4 involves a long-term response after the closure. During this time, monitoring the continuity of care for patients is crucial, as affected patients may be running low on their prescriptions and may now be seeking care.

PHASE 4 OVERVIEW:

- 1. Monitor the threat
- 2. Conduct follow-up communication
- 3. Monitor continuity of care and resources

Monitor the Threat

- Continue to review data in case of a delayed effect of the pain clinic closure, including PDMP and Medicaid data
- Examine data from LHDs on the continuity of care for patients
- If the threat of additional clinic closures, unconnected clinic patients, or potential surges in overdoses has subsided:
 - Conduct an evaluation/hotwash of the response
 - Create an after-action review (AAR) to document the best practices, gaps, and lessons learned to improve the emergency response process
 - Consider additional partners for the A-Team or CCRT for future responses
 - Incorporate the AAR into your state's response plan or draft a response plan if the state does not have an official plan in place
- If the threat of additional clinic closures, unconnected clinic patients, or potential surges in overdoses is still present, return to Phase 3 and consider contacting CDC's EOC for assistance (see Appendix C)

Conduct Follow-up Communication

- Re-assess communications activities (e.g., the need to continue the hotline) and restructure plan if needed
- If the information is available, follow up with affected patients to ensure they are connected to the appropriate level of care
- Conduct additional follow-up with DOH as needed

Monitor Continuity of Care and Resources

- Monitor, assess, and utilize key resources; including monitoring of personnel and first responders for fatigue
- Ensure availability and distribution of naloxone to key areas
- Check availability of hospital beds for treatment and rehabilitation
- Check capacity of addiction treatment facilities
- Check capacity of morgues to house fatal overdose victims
- Provide support and guidance to prescribing professionals on tapering and working with patients with co-morbid issues as needed



Appendix A:

JOB-ACTION SHEETS FOR OSST PARTNERS

ASSOCIATION OF STATE AND TERRITORIAL HEALTH OFFICIALS

astho.org

Behavioral Health Specialist

- 1. Member Title: Behavioral Health Specialist
- 2. Incident Type: OD Cluster or Pain Center Closure
- 3. Member Roles—Immediate (Mobilization through first 24 hours)
 - Attend Operational Briefing
 - Receive tactical assignment
 - · Monitor use of existing resources and report needs
 - Maintain situational awareness
 - Document actions in Unit Log
 - Assist in coordination of on-scene behavioral health responders, if requested by local incident management
 personnel
 - Consult with staff, patients, clients, and family members on appropriate behavioral health services needed
 - Assist patients, clients, and family members in location of and connection to available behavioral health services
 - Observe Strike Team members for signs of stress or emotional difficulty; refer for support or substitution if needed
 - Support Team Leader's efforts to provide key information to jurisdictional incident management system
 - Brief relief member at end of shift

4. Member Roles—Intermediate (Through Week One)

- All items above
- · Assist with position-specific team member replacements as needed
- Begin planning early for team demobilization
- Begin planning for incident after action review
- · Begin demobilization procedures as directed
- Begin after action process as directed

5. Member Roles—Extended (Beyond Week One)

- All items above
- Begin planning for transition to longer term "in house" management of the incident

- Appropriate FEMA National Incident Management Courses (ICS 100,200,700)
- Specific Behavioral Health Training, including Professional/Clinical Services Training
- Cultural Competency Training (specific to the incident location)

Clinical Care Specialist

- 1. Member Title: Clinical Care Specialist
- 2. Incident Type: OD Cluster or Pain Center Closure
- 3. Member Roles—Immediate (Mobilization through first 24 hours)
 - Attend Operational Briefing
 - Receive tactical assignment
 - · Monitor use of existing resources and report needs
 - Maintain situational awareness
 - Document actions in Unit Log
 - Assess current clinical/health care resources for needs
 - Provide consultation to clinic managers (Pain Center Closure), hospitals, health departments (OD Cluster) as needed
 - · Assure that appropriate client or patient referral practices are engaged
 - Support Epidemiology Specialist team member in acquisition of needed medical records and other incidentspecific information needed for field investigation or surveillance processes
 - Support Team Leader's efforts to provide key information to jurisdictional incident management system
 - Brief relief member at end of shift

4. Member Roles—Intermediate (Through Week One)

- All items above
- Assist with position-specific team member replacements as needed
- Begin planning early for team demobilization
- · Begin planning for incident after action review
- · Begin demobilization procedures as directed
- Begin after action process as directed

5. Member Roles—Extended (Beyond Week One)

- All items above
- Begin planning for transition to longer term "in house" management of the incident

- Appropriate FEMA National Incident Management Courses (ICS 100,200,700)
- Health Care Management Training
- · Clinical Care Training (RN, MD, etc. not required, but recommended)
- Cultural Competency Training (specific to the incident location)

Emergency Medical Services (EMS) Specialist

1. Member Title: EMS Specialist

2. Incident Type: OD Cluster

3. Member Roles—Immediate (Mobilization through first 24 hours)

- Attend Operational Briefing
- Receive tactical assignment
- · Monitor use of existing resources and report needs
- Maintain situational awareness
- Document actions in Unit Log
- Assist local incident management in assessing need for additional (external) jurisdiction EMS assets
- Assist responding EMS agencies with replacement of depleted Naloxone and other prehospital care supplies, if needed
- Assist responding EMS agencies with pertinent information for reporting, after action review, etc.
- Support Team Leader's efforts to provide key information to jurisdictional incident management system
- · Brief relief member at end of shift

4. Member Roles—Intermediate (Through Week One)

- All items above
- · Assist with position-specific team member replacements as needed
- Begin planning early for team demobilization
- · Begin planning for incident after action review
- · Begin demobilization procedures as directed
- Begin after action process as directed

5. Member Roles—Extended (Beyond Week One)

- All items above
- Begin planning for transition to longer term "in house" management of the incident

- Appropriate FEMA National Incident Management Courses (ICS 100,200,700)
- EMS Technical Training (EMT/Paramedic) optional but recommended
- Cultural Competency Training (specific to the incident location)

Epidemiology Specialist

- 1. Member Title: Epidemiology Specialist
- 2. Incident Type: OD Cluster or Pain Center Closure
- 3. Member Roles—Immediate (Mobilization through first 24 hours)
 - Attend Operational Briefing
 - Receive tactical assignment
 - · Monitor use of existing resources and report needs
 - Maintain situational awareness
 - Document actions in Unit Log
 - Initiate field investigation and surveillance processes, including case definition, incident rate, population health assessment, clinical picture, etc.
 - Assist Clinical Care Specialist team member with consultation and key epidemiology information to support client/patient care
 - Develop appropriate public health interventions
 - · Provide consultation services to health care services and public health leadership
 - Document and report findings
 - · Support Team Leader's efforts to provide key information to jurisdictional incident management system
 - · Brief relief member at end of shift

4. Member Roles—Intermediate (Through Week One)

- All items above
- · Assist with position-specific team member replacements as needed
- Begin planning early for team demobilization
- · Begin planning for incident after action review
- · Begin demobilization procedures as directed
- Begin after action process as directed

5. Member Roles—Extended (Beyond Week One)

- All items above
- Begin planning for transition to longer term "in house" management of the incident

- Appropriate FEMA National Incident Management Courses (ICS 100,200,700)
- Epidemiology and Surveillance-Specific Training
- Cultural Competency Training (specific to the incident location)

Fatality Management Specialist

1. Member Title: Fatality Management Specialist

2. Incident Type: OD Cluster

3. Member Roles—Immediate (Mobilization through first 24 hours)

- Attend Operational Briefing
- Receive tactical assignment
- · Monitor use of existing resources and report needs
- Maintain situational awareness
- Document actions in Unit Log
- · Assist local jurisdictions in identification, appropriate movement, and storage of remains
- · Assist with additional storage solutions (e.g., state medical examiner facility) for fatality surge
- Develop report with fatality numbers, information, location, etc. as needed and allowed by law
- Support Team Leader's efforts to provide key information to jurisdictional incident management system
- Brief relief member at end of shift

4. Member Roles—Intermediate (Through Week One)

- All items above
- · Assist with position-specific team member replacements as needed
- Begin planning early for team demobilization
- Begin planning for incident after action review
- Begin demobilization procedures as directed
- Begin after action process as directed

5. Member Roles—Extended (Beyond Week One)

- All items above
- Begin planning for transition to longer term "in house" management of the incident

- Appropriate FEMA National Incident Management Courses (ICS 100,200,700)
- Coroner, Medical Examiner, Pathology Training not required, but recommended
- Cultural Competency Training (specific to the incident location)

Human Services Specialist

- 1. Member Title: Human Services Specialist
- 2. Incident Type: OD Cluster or Pain Center Closure
- 3. Member Roles—Immediate (Mobilization through first 24 hours)
 - Attend Operational Briefing
 - Receive tactical assignment
 - · Monitor use of existing resources and report needs
 - Maintain situational awareness
 - Document actions in Unit Log
 - Assist clients, patients, and families with Medicare, Medicaid, and other related state or community social services
 - Engage Children's or Adult Protective Services as needed (OD cluster)
 - · Assist clients in transitioning to other clinical centers (pain center closure)
 - Support Team Leader's efforts to provide key information to jurisdictional incident management system
 - Brief relief member at end of shift

4. Member Roles—Intermediate (Through Week One)

- All items above
- · Assist with position-specific team member replacements as needed
- Begin planning early for team demobilization
- · Begin planning for incident after action review
- · Begin demobilization procedures as directed
- Begin after action process as directed

5. Member Roles—Extended (Beyond Week One)

- All items above
- Begin planning for transition to longer term "in house" management of the incident

- Appropriate FEMA National Incident Management Courses (ICS 100,200,700)
- Specific, job-related training for human services type employment
- Cultural Competency Training (specific to the incident location)

Incident Management Specialist

- 1. Member Title: Incident Management Specialist
- 2. Incident Type: OD Cluster or Pain Center Closure
- 3. Member Roles—Immediate (Mobilization through first 24 hours)
 - Attend Operational Briefing
 - Receive tactical assignment
 - · Monitor use of existing resources and report needs
 - Maintain situational awareness
 - Document actions in Unit Log
 - Assure communication/liaison with Strike Team's jurisdiction Public Health incident management system
 - Assure communication/liaison with Emergency Management or on-scene command post
 - Assist Team Leader in ensuring that all Strike Team activity remains within the mission assignment provided by the jurisdictional incident management system
 - Support Team Leader's efforts to provide key information to jurisdictional incident management system
 - · Monitor for safety issues related to Strike Team members and report accordingly
 - Brief relief member at end of shift

4. Member Roles—Intermediate (Through Week One)

- All items above
- Monitor team members for fatigue, family concerns, etc.
- Consider team member replacements and ensure smooth transition of members
- Begin planning early for team demobilization
- · Begin planning for incident after action review
- · Begin demobilization procedures as directed
- Begin after action process as directed

5. Member Roles—Extended (Beyond Week One)

- All items above
- Begin planning for transition to longer term "in house" management of the incident

- Appropriate FEMA National Incident Management Courses (ICS 100,200,700)
- ICS 300 Course
- Cultural Competency Training (specific to the incident location)
- Training for competency of communication/technology resources to be used

Information Management Specialist

1. Member Title: Information Management Specialist

- 2. Incident Type: Pain Center Closure
- 3. Member Roles—Immediate (Mobilization through first 24 hours)
 - Attend Operational Briefing
 - Receive tactical assignment
 - · Monitor use of existing resources and report needs
 - Maintain situational awareness
 - Document actions in Unit Log
 - Investigate/develop access routes for sharing of critical information among team members, incident management personnel, and other responders as needed
 - Determine key information on client population (e.g., patients who will require immediate access to medical treatment, prescriptions)
 - Work with Epidemiology and Clinical Care Specialists to identify and alert other healthcare organizations of potential surge of patients needing continued care
 - Provide consultation services to health care services and public health leadership
 - · Focus on protection of sensitive medical data of center patients
 - Document and report findings
 - Support Team Leader's efforts to provide key information to jurisdictional incident management system
 - Brief relief member at end of shift

4. Member Roles—Intermediate (Through Week One)

- All items above
- Continue to provide patient information to external health care facilities to ensure continuity of care for former pain center patients
- Assist with position-specific team member replacements as needed
- Begin planning early for team demobilization
- Begin planning for incident after action review
- · Begin demobilization procedures as directed
- Begin after action process as directed

5. Member Roles—Extended (Beyond Week One)

- All items above
- Begin planning for transition to longer term "in house" management of the incident

6. Team Member Training Needs

Appropriate FEMA National Incident Management Courses (ICS 100,200,700)

Laboratory Services Specialist

1. Member Title: Laboratory Services Specialist

- 2. Incident Type: OD Cluster
- 3. Member Roles—Immediate (Mobilization through first 24 hours)
 - Attend Operational Briefing
 - Receive tactical assignment
 - · Monitor use of existing resources and report needs
 - Maintain situational awareness
 - Document actions in Unit Log
 - Assist jurisdictional response agencies with specimen sample collection, as needed
 - Communicate with clinical, commercial, and state-level labs to coordinate analysis and identification of specimen samples
 - · Assist with additional support coverage by various labs in a surge incident
 - Support Team Leader's efforts to provide key information to jurisdictional incident management system
 - Brief relief member at end of shift

4. Member Roles—Intermediate (Through Week One)

- All items above
- · Assist with position-specific team member replacements as needed
- Begin planning early for team demobilization
- · Begin planning for incident after action review
- · Begin demobilization procedures as directed
- Begin after action process as directed

5. Member Roles—Extended (Beyond Week One)

- All items above
- · Begin planning for transition to longer term "in house" management of the incident

- Appropriate FEMA National Incident Management Courses (ICS 100,200,700)
- · Position-specific training-microbiology, toxicology, lab procedures, etc. (not required but recommended)
- Cultural Competency Training (specific to the incident location)

Law Enforcement Specialist

- 1. Member Title: Law Enforcement Specialist
- 2. Incident Type: OD Cluster or Pain Center Closure
- 3. Member Roles—Immediate (Mobilization through first 24 hours)
 - Attend Operational Briefing
 - Receive tactical assignment
 - Monitor use of existing resources and report needs
 - Maintain situational awareness
 - Document actions in Unit Log
 - · Connect and provide information to local law enforcement personnel to aid in their investigation
 - Manage scene safety for team members
 - · Aid in scene control in support of local law enforcement, if necessary
 - Assist scene responders and Laboratory Services Specialist with sample acquisition, as needed (chain of evidence protocol, etc.)
 - Support Team Leader's efforts to provide key information to jurisdictional incident management system
 - Brief relief member at end of shift

4. Member Roles—Intermediate (Through Week One)

- All items above
- Assist with position-specific team member replacements as needed
- Begin planning early for team demobilization
- Begin planning for incident after action review
- · Begin demobilization procedures as directed
- Begin after action process as directed

5. Member Roles—Extended (Beyond Week One)

- All items above
- Begin planning for transition to longer term "in house" management of the incident

- Appropriate FEMA National Incident Management Courses (ICS 100,200,700)
- · Law Enforcement-Specific Training, with accompanying certification
- Cultural Competency Training (specific to the incident location)

Pharmacy Specialist

- 1. Member Title: Pharmacy Specialist
- 2. Incident Type: Pain Center Closure
- 3. Member Roles—Immediate (Mobilization through first 24 hours)
 - Attend Operational Briefing
 - Receive tactical assignment
 - · Monitor use of existing resources and report needs
 - Maintain situational awareness
 - Document actions in Unit Log
 - Support local clinic staff with RX management/transfer, including documentation
 - Provide consultation to clients/family members on impacted dispensing/administration process, locating other pharmacies, etc., as needed
 - Communicate as needed with State Board of Pharmacy regarding pharmacy service closure, referrals, records, etc.
 - Support Team Leader's efforts to provide key information to jurisdictional incident management system
 - Brief relief member at end of shift

4. Member Roles—Intermediate (Through Week One)

- All items above
- · Assist with position-specific team member replacements as needed
- Begin planning early for team demobilization
- Begin planning for incident after action review
- Begin demobilization procedures as directed
- Begin after action process as directed

5. Member Roles—Extended (Beyond Week One)

- All items above
- Begin planning for transition to longer term "in house" management of the incident

- Appropriate FEMA National Incident Management Courses (ICS 100,200,700)
- Pharmacist-Level Training and Education
- Pharmacy Management Training
- Cultural Competency Training (specific to the incident location)

Team Leader

- 1. Member Title: Team Leader
- 2. Incident Type: OD Cluster or Pain Center Closure
- 3. Member Roles—Immediate (Mobilization through first 24 hours)
 - Attend Incident Command Operational Briefing
 - Receive tactical assignment for Strike Team
 - · Confirm internal and external communication systems between team and Incident Command
 - Muster team and prepare for deployment if indicated
 - Review assignments with team members and assign tasks
 - Monitor work processes and adjust as necessary
 - · Monitor use of existing resources and report needs
 - Maintain situational awareness
 - Document actions in Unit Log
 - Establish communication channel with jurisdictional incident management system
 - Brief relief member at end of shift

4. Member Roles—Intermediate (Through Week One)

- All items above
- Monitor team members for fatigue, family concerns, etc.
- Consider team member replacements and ensure smooth transition of members
- Begin planning early for team demobilization
- · Begin planning for incident after action review
- Direct demobilization procedures as directed
- · Direct team hotwash and prepared for after action review

5. Member Roles—Extended (Beyond Week One)

- All items above
- Begin planning for transition to longer term "in house" management of the incident

- Appropriate FEMA National Incident Management Courses (ICS 100,200,700)
- ICS 300 Course
- Cultural Competency Training (specific to the incident location)
- Training for competency of communication/technology resources



Appendix B:

REFERENCES AND BACKGROUND INFORMATION

ASSOCIATION OF STATE AND TERRITORIAL HEALTH OFFICIALS

astho.org

OPIOID RAPID-RESPONSE TEAMS TRAINING PLAN:

Additional Resources

Opioid Overdose Epidemic Data

Opioid Overdose on CDC.gov

Drug Overdose Deaths in the United States, 1999–2017

Drug and Opioid-Involved Overdose Deaths — United States, 2013–2017

2018 Annual Surveillance Report of Drug-Related Risks and Outcomes — United States

Overdose Deaths Involving Opioids, Cocaine, and Psychostimulants — United States, 2015–2016

Contribution of Opioid-Involved Poisoning to the Change in Life Expectancy in the United States, 2000-2015

National Vital Statistics System: Provisional Drug Overdose Death Counts

Heroin

Vital Signs: Today's Heroin Epidemic

Relationship between Nonmedical Prescription-Opioid Use and Heroin Use

Drug-poisoning Deaths Involving Heroin: United States, 2000–2013

<u>Trends in Deaths Involving Heroin and Synthetic Opioids Excluding Methadone, and Law Enforcement Drug</u> <u>Product Reports, by Census Region — United States, 2006–2015</u>

Fentanyl

CDC Health Advisory: Increases in Fentanyl Drug Confiscations and Fentanyl-related Overdose Fatalities

<u>CDC Health Advisory: Influx of Fentanyl-laced Counterfeit Pills and Toxic Fentanyl-related Compounds Further</u> Increases Risk of Fentanyl-related Overdose and Fatalities

<u>CDC Health Advisory: Rising Numbers of Deaths Involving Fentanyl and Fentanyl Analogs, Including Carfentanil,</u> and Increased Usage and Mixing with Non-opioids

Notes from the Field: Overdose Deaths with Carfentanil and Other Fentanyl Analogs Detected — 10 States, July 2016–June 2017

Deaths Involving Fentanyl, Fentanyl Analogs, and U-47700 — 10 States, July–December 2016

<u>Fentanyl Law Enforcement Submissions and Increases in Synthetic Opioid–Involved Overdose Deaths – 27</u> <u>States, 2013–2014</u>

<u>Trends in Deaths Involving Heroin and Synthetic Opioids Excluding Methadone, and Law Enforcement Drug</u> <u>Product Reports, by Census Region — United States, 2006–2015</u>

OPIOID RAPID-RESPONSE TEAMS TRAINING PLAN:

Additional Resources

State Reports on Fentanyl Overdoses

Characteristics of Fentanyl Overdose — Massachusetts, 2014–2016

Increases in Fentanyl-Related Overdose Deaths — Florida and Ohio, 2013–2015

Overdose Deaths Related to Fentanyl and Its Analogs — Ohio, January–February 2017

Counterfeit Norco Poisoning Outbreak — San Francisco Bay Area, California, March 25–April 5, 2016

Multiple Fentanyl Overdoses - New Haven, Connecticut, June 23, 2016

Notes from the Field: Counterfeit Percocet–Related Overdose Cluster – Georgia, June 2017

HotSpot Report - New Hampshire 2016

<u>New York City Health Advisory: Increase in Drug Overdoses Deaths Linked to Increased Presence of Fentanyl in</u> <u>New York City</u>

<u>New York City Health Advisory: Presence of Fentanyl in Cocaine Contributing to Increase in Drug Overdose</u> <u>Deaths</u>

Opioid Overdose Outbreak — West Virginia, August 2016

Illicit and Prescription Opioids Supply

2017 National Drug Threat Assessment

Reported Law Enforcement Encounters Testing Positive for Fentanyl Increase Across US

Counterfeit Prescription Pills Containing Fentanyls: A Global Threat

National Forensic Laboratory Information System (NFLIS) Reports

NFLIS Brief: Fentanyl, 2001–2015

NFLIS Brief: Fentanyl and Fentanyl-Related Substances Reported in NFLIS, 2015–2016

NFLIS 2016 Annual Report

National Drug Early Warning System DEA Emerging Threat Reports

Drug Overdose Investigation Guidance

Laboratory Testing for Prescription Opioids

Using Literal Text From the Death Certificate to Enhance Mortality Statistics: Characterizing Drug Involvement in Deaths

Prescription Drug Overdose Data & Statistics Guide: CDC WONDER Multiple Causes of Death Dataset

OPIOID RAPID-RESPONSE TEAMS TRAINING PLAN:

Additional Resources

HIV Infection Linked to Injection Use of Oxymorphone in Indiana, 2014–2015

Public Health Approaches to the Epidemic

CDC Guideline for Prescribing Opioids for Chronic Pain — United States, 2016

<u>Quality Improvement and Care Coordination: Implementing the CDC Guideline for Prescribing Opioids for Chronic</u> <u>Pain</u>

Evidence-Based Strategies for Preventing Opioid Overdose: What's Working in the United States

Federal Response to the Opioid Crisis

<u>What We Know, and Don't Know, about the Impact of State Policy and Systems-Level Interventions on Prescription</u> <u>Drug Overdose</u>

Opioid Overdose Epidemic Background

Association Between Opioid Prescribing Patterns and Opioid Overdose-Related Deaths

New Persistent Opioid Use After Minor and Major Surgical Procedures in US Adults

<u>Characteristics of Initial Prescription Episodes and Likelihood of Long-Term Opioid Use — United States, 2006–</u> 2015

The Role of Opioid Prescription in Incident Opioid Abuse and Dependence Among Individuals with Chronic Non-Cancer Pain: The Role of Opioid Prescription

Effect of Opioid vs Nonopioid Medications on Pain-Related Function in Patients With Chronic Back Pain or Hip or Knee Osteoarthritis Pain: The SPACE Randomized Clinical Trial

<u>Heroin Use and Heroin Use Risk Behaviors among Nonmedical Users of Prescription Opioid Pain Relievers -</u> <u>United States, 2002-2004 and 2008-2010</u>

Relationship between Nonmedical Prescription-Opioid Use and Heroin Use

Mandatory Provider Review And Pain Clinic Laws Reduce The Amounts Of Opioids Prescribed And Overdose Death Rates

Prescription Drug Monitoring Programs and Opioid Death Rates—Reply

Increased Use of Heroin as an Initiating Opioid of Abuse

Underlying Factors in Drug Overdose Deaths

National and State Treatment Need and Capacity for Opioid Agonist Medication-Assisted Treatment

Additional Opioid-Related Publications

Other key CDC publications can be found on CDC.gov

Maryland Prescriber-Enforcement Action Protocol

I. Purpose

Law enforcement actions focused on reduction of inappropriate prescription practices are an essential component of Maryland's opioid response strategy. When enforcement actions take place, effective communication between law enforcement and public health is necessary to address urgent medical concerns and reduce the impact on Maryland's health systems.

II. Scope

The PRESCRIBER-ENFORCEMENT ACTION Protocol identifies communication and coordination procedures in the event of a law enforcement action against a prescriber or medical facility stemming from the alleged inappropriate prescribing of controlled medications. The Protocol identifies information needs, information sharing channels, and public health response priorities.

III. Information Sharing

DESIGNATED HEALTH POINT OF CONTACT

(TO BE CONFIDENTIALLY NOTIFIED PRIOR TO OR IMMEDIATELY FOLLOWING A PRESCRIBER-ENFORCEMENT ACTION)

Fran Phillips RN, MHA Deputy Secretary of Public Health Services Maryland Department of Health

• Type of law enforcement action

controlled substance license

Record seizure

Sensitive

(410) 999-7400 cell

fran.phillips@maryland.gov

IMPORTANT INFORMATION ELEMENTS

When possible, a notification from law enforcement to Dept. of Health should include:

Removal or surrender of DEA registration or

- Facility closure
- Arrest of prescribers
- Timing, location, and duration of the action
- Ability to share clinical information
- Law enforcement point of contact for any follow-up communication about the enforcement action

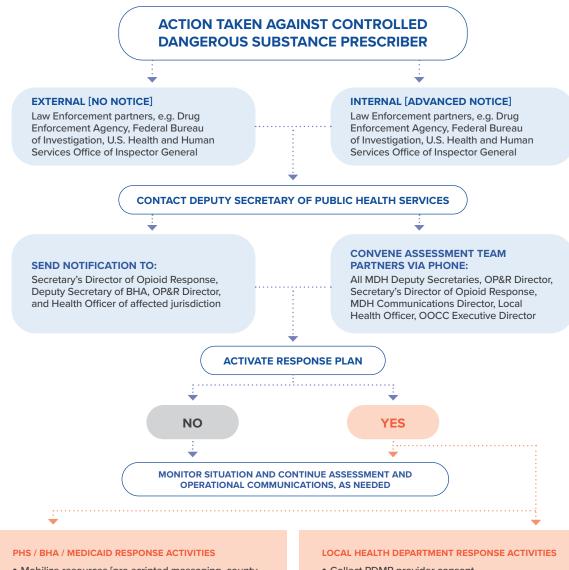
INFORMATION SHARING PARAMETERS

When possible, a notification should specify the parameters for re-sharing any information that is shared between law enforcement and Dept. of Health:

For Official Use Only

Approved for re-sharing with official partners only (gov't response partners, medical providers, pharmacists, etc.). Should not be shared with the public

- Approved for re-sharing with directly-impacted health authorities only
- Approved for Public Release



- Mobilize resources [pre-scripted messaging, county emergency hotline, collate / map provider resources by specialty area]
- Develop list of resources for continuity of care [BHA]
- Distribute partner notifications / situational awareness / guidance documents and situation reports to key points of contact for further distribution, as approved [OP&R]
- Distribute initial list of PDMP data and locations of patients by insurance type to assessment team [OP&R and BHA]
- MCOs / Beacon / Mobile support coordination [Medicaid and commercial insurers]
- Implement legal authorities, as needed
- Update MDH Office of Communications

- Collect PDMP provider consent
- Post LHD contact number for patients
- Establish call center as needed
- Notify pharmacies, EMS, and care providers
- Provide coordination for continuity care
- Utilize health data to support local response, as available
- Provide situation reports to assessment team for distribution
- Coordinate public information in county

- KEY ELEMENTS FOR CONTINUITY OF CARE
- Determine level of urgency [CDS license status, facility status, patient population]
- Obtain list of patients and current medications from provider, PDMP, or OCSA
- Establish communications with patients [by phone, call-in number, or direct patient contact]
- Provide patients with resource guidance and lists [primary care, pain management clinics, MAT programs]
- Alert pharmacies to incident and urgency toprovide prescription continuity

OPIOID-OVERDOSE SURVEILLANCE AND RESPONSE INFORMATION FOR FIRST RESPONDERS

Opioid Overdoses in Georgia

Opioid-involved overdose deaths have been rapidly increasing in Georgia since 2010, driven initially by increased use and misuse of prescription opioids (e.g., oxycodone and hydrocodone). However, in recent years there have been substantial increases in the number of heroin- and fentanyl-involved overdose deaths. From 2010 to 2017, the number of opioid-involved overdose deaths increased by 245% in Georgia.

DPH Surveillance and Response Efforts

DPH uses a variety of data sources to track drug overdose trends across Georgia. Our most timely data source is Syndromic Surveillance, which is a near-real time method of categorizing visits from emergency departments (ED) across Georgia into disease or illness syndromes, based on the patient chief complaint upon admission. These data can be used as an early detection method for drug overdose outbreaks. DPH also relies on external partners to report overdose clusters/increases or unusual situations. Notifications from first responders are particularly important because they may be aware of overdose events which are not captured in our Syndromic Surveillance data.

Once DPH is notified of an overdose cluster/ increase, we alert relevant partners (including healthcare personnel, coroners/medical examiners, first responders, and community partners). Timely detection of overdose clusters/spikes may prevent overdoses, protect first responders, and lead to a better understanding of patient outcomes.

How to Report

To report an increase in overdoses, a potential overdose cluster, or any other unusual drug-related event, **call the Georgia Poison Center at 1-800-222-1222.**

Resources

Personal Protective Equipment

Opioids may come in several forms, including powder. Some opioids can be absorbed through the skin, or through accidental inhalation of airborne powder. First responders should take precautions when responding to a call where unknown substances may be present. For more information, see <u>https://www.cdc.gov/niosh/</u> topics/fentanyl/workerrisk.html.

Naloxone Standing Order

Georgia has a standing order which allows anyone to purchase naloxone at a pharmacy without a prescription. For more information on the standing order, please see <u>https://dph.georgia.gov/naloxone</u>.

Naloxone Administration

For information on how to administer naloxone to someone who may be overdosing, please see https://dph.georgia.gov/approved-training.

Georgia 911 Medical Amnesty Law

The GA 911 Medical Amnesty law provides immunity to those seeking medical attention for themselves or someone else due to an overdose. This immunity includes possession of certain drugs or drug paraphernalia, and civil and criminal immunity for administration of naloxone. For more information, see http://www.georgiaoverdoseprevention.org/about.

Georgia Prescription Drug Monitoring Program (PDMP)

The PDMP is an electronic database used to monitor the prescribing and dispensing of controlled substances. Law Enforcement may access PDMP data through a search warrant or subpoena. For more information, <u>https://gdna.georgia.gov/georgia-prescription-drug-monitoring-program-ga-pdmp</u>.

Georgia Overdose Statistics

For more information about drug overdose surveillance and statistics in Georgia, please see <u>https://dph.georgia.</u> gov/drug-overdose-surveillance-unit.

LETTER TEMPLATES FROM NORTH CAROLINA DEPARTMENT OF HEALTH: INFORMING EMS OF A POTENTIAL OVERDOSE CLUSTER

Dear [First Responder Agency],

This email is to inform you that we have recently seen an increase in opioid overdose emergency department visits among residents of [County name] County. [Include any relevant specifics, such as if patients are mostly from a certain geographic area of the county.]

We are informing you for your situational awareness. An increase in overdoses such as we are now seeing can result from several factors, including circulation of more potent products in our community. [If there is **reliable** *information about a potent product circulating in the area, specifics of this should be included.*] Your agency might want to increase the doses of naloxone being carried by your first responders in case they encounter multiple victims or victims who require higher than usual doses of naloxone.

Please let us know how you decide to proceed with this information. Meanwhile, we'll continue to monitor the situation and will share any relevant updates with you. If you have any questions, please contact [name, position] at [phone number; email].

Sincerely, [Your Name]

Dear [Local Hospital Contact],

This email is to inform you that we have recently seen an increase in syndromic surveillance overdose counts in NC DETECT for [Name] County. As you know, syndromic surveillance is not very specific, and these numbers are subject to change as more data are received. We are therefore reaching out to you to ask if you have noticed an increased number of overdose patients in your emergency department.

Increases in overdose cases can be a signal of a more potent product circulating in the community that could present a higher threat of fatal overdose. When this occurs [Name of Health Dept] works with partners in law enforcement and EMS to make them aware and prepared to experience a higher demand on resources such as naloxone supplies.

If you are seeing patients presenting to your emergency department with opioid overdose, please keep the following recommendations in mind:

- Prescribe/dispense naloxone to patients discharged home after an opioid overdose to prevent death from future overdose.
- Inform patients that naloxone can be dispensed at participating pharmacies under NC's standing order for naloxone. Information on participating pharmacies and use of naloxone can be found at www.naloxonesaves.org.
- For those using injection drugs, provide information on syringe exchange programs: https://www.ncdhhs.gov/divisions/public-health/north-carolina-safer-syringe-initiative/syringe-exchange-programs-north. Syringe exchange programs are effective in decreasing the transmission rates of HIV and hepatitis C, as well as connecting users to treatment.
- Connect patients to substance use treatment services. Contact information for 24/7 crisis lines can be found at <u>www.ncdhhs.gov/providers/Ime-mco-directory</u>.

We appreciate your partnership in working to save lives in our community. If you have any questions, please contact [name, position] at [phone number; email].

Sincerely, [Your Name]

PROPOSED ACTIONS AFTER LICENSE SUSPENSION OR RESTRICTION OF A PAIN SPECIALIST

The purpose of this document is to provide guidance on potential actions to take after the license of a pain specialist is suspended or restricted. These proposed action steps can be adapted based on the situation.

Actions Prior to Serving Suspension/ Restriction

- Prior to the suspension/restriction, board or commission reports pending action to the Assistant Secretary of Health Systems Quality Assurance.
- The Assistant Secretary for Health Systems and Quality Assurance discusses the case with the executive director of the board or commission and decides on timelines for activities.
- Board or commission pulls PMP data on all opioid and benzodiazepine prescriptions written by the provider in the past six months.
- Using this data, board or commission determines the following:
 - Number of unique patients who received an opioid and/or benzodiazepines prescription.
 - Proportion of patients by county of residence.
 - Proportion of patients on high dose opioids (> 90 mg MED daily).
 - Proportion of patients on opioids and benzodiazepines.
 - Proportion of patients paying for prescriptions using cash.

Actions at the Time of the Suspension is Served

- ☐ State health officer contacts Office of the Insurance Commissioner to determine which private insurers are contracted with the provider.
- State Health Officer informs Health Care Authority and Department of Labor and Industry of action.
- Board or commission includes letter to provider and sample letter to patients in suspension packet that encourages provider to notify patients as soon as possible about license suspension/ restriction and reminds provider of his/her requirement to provide medical records.

Actions after Suspension/ Restriction Served

- □ Local health department* contacts the provider and/or clinic manager and does the following:
 - Asks questions to better understand the provider's patient population, including the proportion of patients on different types of insurance.
 - Determines if any patients have intrathecal pain pumps. If there are patients on intrathecal pain pumps, the local health department will ask the provider to report these patients to their insurer so the insurer can contact these patients and connect them to pain specialty care.
 - Encourages the provider to send a letter to all his/her patients to let them know about the temporary suspension and need to find a new provider as soon as possible. DOH has a sample letter.
 - Establishes a plan for how the provider will continue to provide medical records.

*Department of Health will contact provider or clinic manager if clinics in multiple counties close.

- ☐ Health care authority contacts medical directors of Managed Care Plans and asks them to identify affected patients using their claims data, risk stratify these patients based on opioid dosages and co-morbid conditions, and provide case management services as needed.
- ☐ State health officer contacts medical directors of private insurance plans contracted with the provider and encourages them to identify affected patients using their claims data, risk stratify these patients based on opioid dosages and co-morbid conditions, and provide case management services as needed.
- □ Local health department, working in collaboration with local healthcare leaders, compiles a list of all the pain specialty clinics in the area and surveys them regarding their capacity. DOH can assist as needed if resources exist.

- Local health department alerts ER and primary care providers about the action and encourages them to assist with managing displaced patients. (DOH has sample alert.)
 - Informs them of CDC and AMDG Guidelines for Prescribing Opioids.
 - Informs them of the UW Pain Hot Line staffed by UW pharmacists to assist providers with medication management.
 - Informs them of UW Telepain which is a telemedicine service for managing patients with chronic pain.
- □ Local health department considers asking Collective Medical Technologies to add an alert to the Emergency Department Information Exchange to indicate when a displaced patient enters an ER. (This can be arranged through HCA.)
- Local health department convenes pain specialists and healthcare leaders in the community. They collaboratively do the following:
 - Determine the capacity in the area to manage patients on chronic opioid therapy.
 - Develop a plan to "divide up" displaced patients.
 - Develop a standard approach to managing patients on high dose opioid.
- Department of Health and local health department post information on their web sites with resources for displaced patients: <u>http://www.doh.wa.gov/Emergencies/</u> <u>PainClinicClosures.</u>

GUIDELINES FOR PUBLIC HEALTH OFFICIALS RESPONDING TO CLUSTERS OF DRUG OVERDOSES

The purpose of this document is to provide guidance to local health jurisdictions on responding to clusters of overdoses or unusual reactions to illicit drugs.

Advance Preparations:

- Identify stakeholders and partners who may be needed in and/or affected by the response (see Box 1) and obtain their contact information. These partners can help with event confirmation, case finding, and communication with high risk persons.
- **2.** Meet with partners to discuss communication channels and procedures and possible actions in the event of a multiple person overdose event.

Goals of the meeting:

- Develop relationships and expectations; confirm contact information
- Discuss partners' roles in response plan
- Discuss capacity and capabilities for emergency action, if any
- Assess options for event coordination (incident management): LHJ? County emergency preparedness staff? Poison Control? Other gov. entity?
- Discuss triggers for involving county emergency management and how public health fits into the ICS structure
- Discuss information sharing (see below)
- Determine which resources and systems will most likely be stressed or overwhelmed in a multiple person overdose event (e.g., supplies of naloxone, buprenorphine treatment slots, drug testing budget, crisis clinic phone lines, health department staff to conduct case investigations, EMS, healthcare system, mortuaries)
- Identify options for personnel/volunteer surge capacity
- Determine which agencies have contact with high risk persons for the purpose of communicating with this population during an overdose event (often persons using illicit drugs)

Box 1

SUGGESTED CONTACTS TO INCLUDE IN PLANNING

- Local emergency medical responders
- Local emergency departments/ hospitals
- Local law enforcement: <u>www.waspc.org</u>
- Local medical examiner/coroner
- Local HAZMAT team
- Local homeless provider
- Adjacent tribal nations (State Tribal Directory)
- Syringe service program staff (Syringe Exchange Directory)
- Other naloxone distributors
- Local DEA and HIDTA agents
- Washington State Poison Control Center (1-800-222-1222)
- Washington State Toxicology Lab
- Washington State Crime Lab
- Determine which entity could be the point of contact for the press and calls from worried well
- Discuss need for and process development of public messaging
- Review confidentiality considerations for protected health information and relevant authorities
- 3. Information Sharing: Discuss the local health officer's authority with partners (see box 2). Local health officers can request patient level information on persons impacted by public health hazards. Discuss partners' privacy concerns. Advance discussions may help speed information sharing in an emergency.
 - Health organizations may want a written or formal request, or need language disclosures in the medical record or disclosure log
 - Discuss typical scenarios and provide examples of what information may be requested during an event

DUTIES & AUTHORITY OF LOCAL HEALTH OFFICERS

Power and Duties: <u>http://app.leg.wa.gov/RCW/default.</u> aspx?cite=70.05.070

Authority to investigate any condition deemed necessary and to require notification of any condition of public health importance: <u>http://apps.leg.wa.gov/wac/default.</u> <u>aspx?cite=246-101-505</u>

Authority to look up patients who overdosed in the Prescription Drug Monitoring Program and notify providers: ESHB 1427

- **4.** Discuss information sharing and communication between the health department, healthcare staff, law enforcement and the public.
 - Law enforcement and DEA may be best sources of information about illicit drugs in the community. They are the appropriate investigators for sources of illicit drugs. However their legal role may preclude release of case specific information that may jeopardize prosecution
 - Law enforcement may arrange for toxicology testing related to criminal charges, but not for public health purposes
 - Persons who sought or offered help for an overdose should not be charged with drug possession or drug use unless they have outstanding warrants or commit other crimes per RCW 69.50.315
 - Law enforcement and EMS may be able to expand emergency outreach with naloxone in an emergency
 - Public health should be the lead in determining health messages for the public
- **5.** Discuss plans to evaluate the physical environment, seized drugs found at the scene, and biological specimens from suspected cases.
 - Environmental Assessment: discuss triggers for requesting HAZMAT assistance and recommending evacuations. Prepare informational materials regarding secondary exposures
 - Testing of drugs found on scene: Discuss protocols with law enforcement agencies on how to submit confiscated drugs from scene to the WSP Crime Lab for expedited testing
 - Assess other resources within the LHJ for expedited drug testing (e.g. through coroner/ medical examiner, private laboratory, etc)

- Testing of biological specimens from suspected cases: Discuss protocols for submitting urine or blood specimens obtained from suspected overdoses cases to the State Toxicology Lab (206-262-6100). The Washington State Toxicology Lab performs drug and alcohol testing for coroners, medical examiners, law enforcement, prosecuting attorneys, and the State Liquor Cannabis Board for all 39 counties. They reserve the right to decide which methods to use. It is possible to establish an advance contract for public health testing of specimens. The contract may specify consultation of the State Toxicologist and state or local health officer. The contract will designates which budget is billed
 - Assess other resources within the LHJ for expedited toxicological testing (e.g., hospital laboratory medicine departments, private laboratories)
- Build capacity within the LHJ to interpret toxicological test results (false negative results, implications of positive results vis a vis determining cause of death, presence of multiple drugs, etc.)

Response:

Step One: Collect preliminary information

Gather information about the event(s), number and demographics of people impacted, suspected drugs, form(s) of drug, route(s) of administration, if drugs were combined by user or not, time and location of ingestion, symptom onset, symptoms, toxicology results, and health outcomes (deaths, hospitalizations, discharged from ED, treated on scene). Inquire which drug types are included on the panel used for toxicological testing.

If fentanyl is combined with heroin or other drugs by the dealer, more events are likely. If fentanyl is combined with other drugs by the user, the event may more likely be limited to the user group.

Step Two: Perform active case finding

Contact your local EMS, emergency departments and the Poison Control Center to see if other people are experiencing similar symptoms in the area. Check RHINO to see if patients with similar symptoms are presenting to emergency departments in the area. Consult with key informants from the community of affected persons (persons who inject drugs). Consider the potential for enhanced surveillance. Report the event to the DOH duty officer and determine if other similar events have been reported from other local health jurisdictions.

Step Three: Establish a case definition

An example case definition might be:

"Any person with central nervous system and/or respiratory depression with evidence of recent illicit drug use and no other more likely diagnosis identified."

Step Four: Make a line list of confirmed, probable, or possible cases

Include information such as age, sex, location, time of symptom onset, symptoms, PMP prescribed controlled substances, suspected drugs, route of exposure, outcome (ED visit, hospitalization, death), etc.

Step Five: Descriptive epidemiology

Summarize the event and develop hypotheses, modify case definition, and seek additional information as needed. Incorporate toxicology results and information as available. Create maps indicating location & timing of events.

Step Six: Consider the need for immediate public health actions

Decide if immediate public health actions are necessary such as communication with the public, health care providers/EMS, or persons who use drugs; or rapid dissemination of naloxone. Coordinate communication with other agencies. Identify potential future resource challenges/shortages and take steps to ensure availability of needed resources or mitigate shortages. Monitor to determine the extent of the problem and identify when the number of overdoses has returned to baseline.

After the investigation and response, write up an after action report with partner input. Share lessons learned. Thank partners. Box 3

DRUG EVENT RESOURCES

Power and Duties: <u>http://app.leg.wa.gov/RCW/default.</u> aspx?cite=70.05.070

Authority to investigate any condition deemed necessary and to require notification of any condition of public health importance: <u>http://apps.leg.wa.gov/wac/default.</u> <u>aspx?cite=246-101-505</u>

Authority to look up patients who overdosed in the Prescription Drug Monitoring Program and notify providers: <u>ESHB 1427</u>

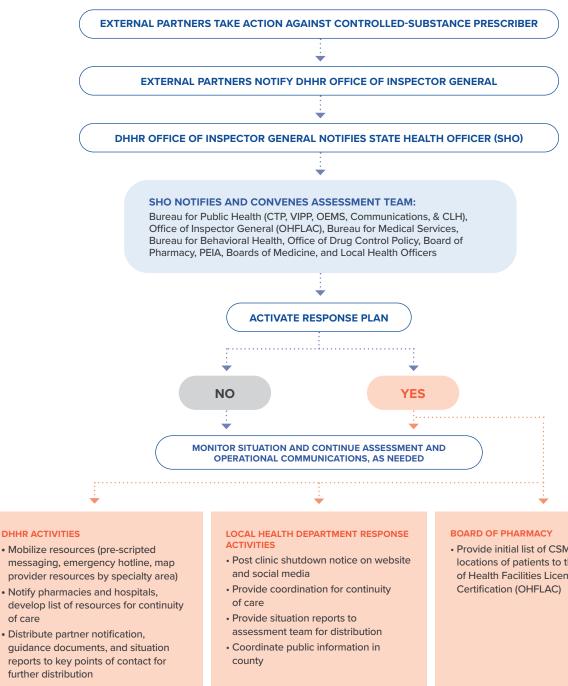
Resources:

Kieran Moore, MD, CCFP (EM), FCFP, MPH, DTM&H, FRCPC, Maximilien Boulet, BSc, Julia Lew, BSc, Nicholas Papadomanolakis-Pakis, BSocSc, MPA. A public health outbreak management framework applied to surges in opioid overdoses <u>http://www.</u> wmpllc.org/ojs-2.4.2/index.php/jom/article/view/732

Fentanyl outbreak in Georgia <u>http://www.</u> georgiapoisoncenter.org/wp-content/ uploads/2017/06/June-2017-Deadly-Novel-Synthetic-Opioid-Exposure-Outbreak-in-Georgia_FIN....pdf

Increases in Fentanyl Drug Seizures and Fentanyl Overdose Fatalities <u>https://emergency.cdc.gov/han/</u> <u>han00384.asp</u>

Centers for Disease Control and Prevention. Recommendations for Laboratory testing for Acetyl Fentanyl and Patient Evaluation and Treatment for Overdose for Synthetic Opioids. HAN Health Advisory. June 20, 2013 <u>http://stacks.cdc.gov/view/cdc/25259</u>



- messaging, emergency hotline, map provider resources by specialty area)
- Notify pharmacies and hospitals, develop list of resources for continuity of care
- Distribute partner notification, guidance documents, and situation reports to key points of contact for further distribution
- Establish communications with patients
- Mobilize care management resources
- Implement legal authorities, as needed
- Update DHHR Office of Communications
- Alert Bureau for Children and Families

• Provide initial list of CSMP data and locations of patients to the Office of Health Facilities Licensure and

KEY ELEMENTS FOR CONTINUITY OF CARE

- Determine level of urgency (license status, facility status, patient population)
- · Obtain list of patients and current medications from provider or CSMP
- Establish communications with patients by phone, call-in number, or direct patient contact
- Provide patients with resource guidance and lists (primary care, pain management clinics, MAT programs)
- Alert pharmacies and hospitals to incident and urgency to provide prescription continuity

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Appendix C:

CALLING FOR HELP

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Calling for Help

FEDERAL RESOURCES			
1. CDC EOC	Emergency Operations Center: <u>https://www.cdc.gov/cpr/eoc.htm</u>		
2. EMAC	The Emergency Management Assistance Compact State Offices and Agencies of Emergency Management Contact information listed at: <u>https://www.emacweb.org/index.php/mutualaidresources/contact-state-emergency- management-agencies</u>		
3. REQUEST AN OPIOID-RAPID RESPONSE TEAM (ORRT)	To request ORRT assistance, please contact the CDC Emergency Response Operations Center at 770-488-7100 and ask for the Opioid Rapid Response Team point of contact. The ORRT program will set up a brief call to discuss the state/jurisdiction needs. For questions, contact the Opioid Rapid Response Team at <u>ORRT@cdc.gov</u> . <u>https://www.cdc.gov/opioids/opioid-rapid-response-teams.html</u>		
4. ONLINE TECHNICAL RESOURCE AND ASSISTANCE CENTER (ON-TRAC)	CDC created this online system to provide health departments a platform for requesting technical assistance from CDC SMEs on public health preparedness: <u>https://www.cdc.gov/cpr/readiness/on-trac.htm</u>		



Appendix D:

GLOSSARY

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Glossary

1. AFTER ACTION REVIEW

An <u>After Action Review (AAR)</u> is a standardized means to debrief after an emergency event. The purpose of an AAR is to identify best practices, gaps, and lessons learned to improve the emergency response process. This review results from conducting a hotwash.

2. CAREER EPIDEMIOLOGY FIELD OFFICER (CEFO)

Career Epidemiology Field Officers (<u>CEFOs</u>) are assigned to each state to strengthen nationwide epidemiologic capacity and public health preparedness. They serve to increase the level of effective public health surveillance, epidemiology, and response efforts. CEFOs support state health departments' day-to-day operations and emergency response activities.

3. CDC EMERGENCY OPERATIONS CENTER (EOC)

CDC's Emergency Operations Center (EOC) is staffed 24 hours a day, seven days a week, 365 days a year by experts to monitor information and coordinate risk communication strategies for known and unknown public health emergencies. Their email form can be completed by clicking on the email icon at https://www.cdc.gov/cpr/eoc.htm.

4. EMERGENCY MANAGEMNET ASSISTANCE COMPACT (EMAC)

The Emergency Management Assistance Compact (EMAC) is a mutual aid organization that is activated when states declare an emergency.

5. INCIDENT COMMAND SYSTEM (ICS)

The <u>Incident Command System (ICS)</u> is a management system designed to integrate facilities, equipment, personnel, procedures, and communications under a common organizational structure.

6. HOTWASH

A <u>hotwash</u> is the immediate "after-action" discussion and evaluation of an agency's (or multiple agencies') performance following an exercise, training session, or major event. The main purpose of a hotwash is to identify strengths and weaknesses of the response to a given event and to inform the AAR. Hotwashes should be conducted by the evaluator immediately following the exercise. It also provides an opportunity for the players to gain clarification on their functional area.

7. JOINT INFORMATION CENTER (JIC)

The Joint Information Center (JIC) is a location where personnel with public information responsibilities perform critical emergency information functions, crisis communications, and public affairs functions.

8. LOCAL HEALTH JURISDICTION (LHJ)

A local health jurisdiction (LHJ) refers to a county board of health. NACCHO has a directory of local health departments: <u>https://www.naccho.org/</u> <u>membership/lhd-directory?searchType=standard&lhdstate=VA#card-filter</u>

9. OVERDOSE DETECTION MAPPING APPLICATION PROGRAM (ODMAP)

Overdose Detection Mapping Application Program (ODMAP) is a surveillance system that provides near real-time data for suspected overdoses across jurisdictions to support public safety and public health efforts to respond to overdose spikes.

10. PAIN CLINIC

Pain clinics treat chronic pain. The Institute for Chronic Pain <u>describes</u> four different types of pain clinics focusing on surgical procedures, interventional procedures, long-term opioid medication management, and pain clinics that focus on chronic pain rehabilitation.

11. PUBLIC INFORMATION OFFICER (PIO)

Public Information Officers (PIOs) are the communications coordinators or spokespersons during an emergency response. They are responsible for communicating internally with incident personnel and externally with the public and media with incident related information.

12. TABLETOP EXERCISES

<u>Tabletop exercises</u> are table-based activities in an informal setting with the goal of generating discussion around a hypothetical emergency preparedness scenario. Tabletops can be used to increase awareness around the considerations of a specific emergency scenario, rehearse concepts, and guide in the prevention of and/or the response to the scenario.

Pain Clinic Closure Response







Appendix F:

DATA SOURCES FOR OPIOID SURVEILLANCE

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Data Sources for Opioid Surveillance

Public Health

Coroner investigatory reports PDMP (if applicable) or other similar state system Medical examiner autopy reports Vital statistics death certificates Substance use disorder treatment records New HIV diagnoses Estimated acute Hepititis C cases Post-mortem toxicology report Harm reduction data: naloxone distribution, syringe exchange, and or fentanyl test strip services ESSENCE syndromic surveillance Poison control center reports

Public Safety

Corrections HIDTA ODMAP (if available) Drug seizure data

First Responders

Emergency medical services

Human Services

Housing Social services CPS data to monitor children of parents with SUD

Medical Claims & Hospitals

Pharmacy claims Healthcare facility records Medicaid Hospital discharge data