

Maine | Puthiery Va, DO

Director

Maine Center for Disease Control and Prevention

Dr. Puthiery Va was appointed as Director of the Maine Center for Disease Control and Prevention (Maine CDC) in August 2023. She is board certified in internal medicine and has more than ten years' experience in providing primary care and epidemiological work. A graduate of the University of Rochester, Dr. Va attended medical school at the University of New England College of Osteopathic Medicine in Biddeford, Maine. She completed her residency in internal medicine and was Chief Medical Resident at the Jacobi Medical Center in New York, NY. Dr. Va then completed a fellowship as an Epidemic Intelligence Service (EIS) Officer with the US Centers for Disease Control.



She came to the Maine CDC from the Indian Health Services' Chinle Service Unit, where she served as the Population Health Director and, later, as the Division of Public Health Director. There, while overseeing both public health activities and clinical services, she developed and implemented mobile health clinic services and expanded community-based reproductive and sexual health services. With a focus on population-driven care, she established data analytics for population health management to prioritize equitable and community-based health care access tailored to community and population needs.

Dr. Va was born in Thailand, as a Cambodian refugee, and later immigrated to the United States with her family. Prior to her medical training, she served as a United States Peace Corps volunteer in Burkina Faso, West Africa teaching high school math. She and her husband have two young children.