

WE CAN PREVENT SUICIDE AND OVERDOSE TOGETHER

Suicide and overdose continue to harm our communities.

Suicide and overdose have threatened the health of our communities for decades. Since 1999, more than **790,000¹** people died by suicide and more than **840,000²** people died by drug overdose. In 2019 alone:



Suicide and overdose impact all aspects of our communities, including:



We can protect our communities from suicide and overdose and prevent these negative health outcomes.

Now is the time to address the intersection of suicide and overdose.

Although suicide and overdose may present as two distinct health outcomes, a closer look at the root causes of each reveals that they share many of the same risk and protective factors.



All stakeholders can play a role in protecting our communities from suicide and overdose.

Many stakeholders can address the risk factors and support the protective factors within our communities and systems.



Incorporating the voices of communities that are at increased risk for both outcomes will help ensure efforts to prevent suicide and overdose are appropriate, effective, and inclusive.



We can build healthy and supportive communities that help prevent suicide and overdose.

Together, we can implement a comprehensive approach to preventing these negative health outcomes by providing communities with resources that promote health, encourage connection, and foster well-being.



Contact us to discuss how we can prevent suicide and overdose together.