ASTHOConnects: Telehealth Learning Community Cross-State Webinar

ASTHO Telehealth Learning Community

Tuesday, November 19th, 2019
Today’s Objectives

1. Increase knowledge of the current national telehealth landscape.

2. Share updates among Telehealth Learning Community states (including telehealth activities and priorities).

3. Leverage peer-to-peer learning by having discussion on state telehealth best practices and challenges.
TELEHEALTH POLICY LANDSCAPE 2019

Presented by the Center for Connected Health Policy
ASTHO Telehealth Learning Community Cross-State Webinar
November 19, 2019
DISCLAIMERS

• Any information provided in today’s talk is not to be regarded as legal advice. Today’s talk is purely for informational purposes.

• Always consult with legal counsel.

• CCHP has no relevant financial interest, arrangement, or affiliation with any organizations related to commercial products or services discussed in this program.
Search by Category & Topic

**Medicaid Reimbursement**
- Live Video
- Store & Forward
- Remote Patient Monitoring
- Reimbursement

**Private Payer Reimbursement**
- Private Payer Laws
- Parity Requirements

**Professional Regulation/Health & Safety**
- Cross-State Licensing
- Consent
- Prescribing
- Misc (Listing of Practice Standards)
SOCIAL SECURITY ACT OF 1835(m) or 42 USC 1395m

• Only Live Video reimbursed
• Store & Forward (Asynchronous) only for Alaska & Hawaii demonstration pilots
• Specific list of providers eligible for reimbursement
• Limited to rural HPSA, non-MSA, or telehealth demonstration projects
• Limited types of facilities eligible
• Limited list of reimbursable services, but CMS decides what can be delivered via telehealth and reimbursed
• EXCEPTIONS for:
  – End-Stage Renal Disease (ESRD)
  – Acute Stroke
  – SUD and co-occurring mental health disorder
Communication Technology-Based Services

Telehealth Technologies used to deliver care, but not called a telehealth service

- Added codes for:
  - Remote physiological monitoring
  - Synchronous virtual check-in
  - Asynchronous remote evaluation
  - Interprofessional internet communication
  - Chronic Care Management
MEDICARE ADVANTAGE

• Under the Bipartisan Budget Act - Beginning 2020 – MA plans allowed to provide “additional telehealth benefits”
  • Treated the same as Medicare fee-for-service option
• Additional telehealth benefits include:
  • Part B benefits without restrictions
  • Other services identified as clinically appropriate
• Secretary shall establish requirements around:
  • Physician or practitioner licensure
  • Care coordination with in-person services
  • Other areas specified by the Secretary
• Rule Finalized in April 2019.
Medicare Advantage

• Requirements
  – Services offered as additional telehealth benefits must also be available as in-person services.
  – Plans must use their provider directory to identify providers offering telehealth benefits.
  – Plans need to comply with provider selection and credentialing requirements, have written policies and procedures for the selection and evaluation of providers, and follow a documented process with providers and suppliers.
  – Plans must provide information on additional telehealth benefits upon the request of CMS.
  – Plans may only provide additional telehealth benefits using contracted providers.
  – Services provided as additional telehealth benefits must meet the same access and coverage requirements that apply to all basic benefits.
  – State laws regarding the practice of medicine and telehealth would apply.
Physician Fee Schedule – Calendar Year 2020
Changes

• 3 new codes added for bundled payment for treatment of opioid use disorder (G2086, G2087, G2088)
  – New codes are exempt from geographic requirement and can be delivered to patient at home.

• CMS establishing a bundled payment for OUD services delivered by an Opioid Treatment Programs (OTP).
  – Substance use counseling, individual therapy and group therapy via two-way interactive audio-video communication.

• Refined chronic care management, transitional care management and remote physiologic monitoring codes, and added principle care management codes.
• Allows consent for communication technology-based services to be obtained once a year.
• Creation of new online assessment codes that are billable by non-physician healthcare professionals.
Recent Federal Legislation

• **HR 4932/S 2741: CONNECT for Health Act**
  
  – Allows Secretary to waive telehealth restrictions in certain circumstances
  
  – Creates exception for mental health services, emergency medical care, FQHCs/RHCs and Native American facilities from geographic requirement.
  
  – Home allowed as originating site for mental health.

• **Specialty Treatment Access and Referral (STAR) Act**
  
  – Grant program for eConsult and telehealth infrastructure
MEDICAID REIMBURSEMENT BY SERVICE MODALITY

Live Video
50 states and DC

Store and Forward
Only in 14 states

Remote Patient Monitoring
22 states
40 states and DC have telehealth **private payer** laws

*Some go into effect at a later date.*

**Parity is difficult to determine:**

- Parity in services covered vs. parity in payment
- Many states make their telehealth private payer laws “subject to the terms and conditions of the contract”
2019 State Legislation So Far

- Broadband: 18%
- Cross-State Licensing: 16%
- Demonstrations, Grants & Pilot Projects: 20%
- Medicaid Reimbursement: 4%
- Network Adequacy: 9%
- Online Prescribing: 12%
- Other: 10%
- Private Payer Reimbursement: 11%
- Provider-Patient Relationship: 8%
- Regulatory, Licensing & Advisory Boards: 12%
- Substance Use Disorder: 1%
Learning Opportunities

• TRC Webinar Series: Nov. 21 @ 11 AM PST - Redesigning Care in Series Based Care: Obstetrics and Autism Caregiver Training
  – Past Webinars: https://www.youtube.com/c/nctrc

• South Central TRC Learning Modules: learntelehealth.org
  – Telehealth Technology
  – Policy
  – Telepresenting
  – Building a team
  – HIPAA
  – School-Based Programs
Recordings

In Summer 2019, the NCTRC designed this webinar series to train and educate FQHCs on how to set up a successful telehealth program, and featured three key topic areas that are relevant to FQHC’s current needs.

The NCTRC recorded these webinars. You can find the recordings on our Youtube page below:
https://youtube.com/c/nctrc

For more information, visit our page:
www.telehealthresourcecenter.org

The Series

Part 1 - Chronic Care Management
Part 2 - Using Telehealth to Treat Substance Use Disorder in a CHC Setting
Part 3 - Telehealth and Mental/Behavioral Health
TRC Conferences

- **Apr. 5-7:** **Mid-Atlantic TRC Conference** – MATRC Summit 2020 – *Charlotte, NC*
- **Apr. 15-17:** **Northwest Regional TRC** – NRTRC 2020 Conference – *Portland, OR*
- **May 12-14:** **California TRC** – CTRC 2020 Annual Conference – *Olympic Valley, CA*
- **May 17-19:** **Great Plains Telehealth Resource and Assistance Center** - GPTRAC 2020 Annual Conference – *Bloomington, MN*
- **June 8-9:** **Northeast TRC** - 2020 NETRC Regional Conference – *Manchester, NH*
- **July 14-15:** **Upper Midwest TRC** – Annual Conference – *South Bend, IN*
Certificates and Accreditation

• Certificate Programs
  – CA TRC in partnership with the National School of Applied Telehealth offers certificate for Clinical Presenters and Telemedicine Coordinators
  – Universities: University of Delaware and Jefferson University
  – Center for Telehealth and e-Health Law (CTeL) – Certification coming in Winter 2020

• Accreditation
  – ATA Offers an accreditation telemedicine training program
  – URAC
  – ClearHealth Quality Institute
Program Management Resources

• CA TRC Program Developer’s Toolkit – Step-by-step guide
  – Assess and define a program
  – Develop and plan
  – Implement and monitor

• Great Plains Telehealth Resource and Assistance Center (GPTRAC) Program Start Up Guide
  – What is Telehealth ➔ Practice Guidelines ➔ Startup to Sustainability
State/Regional TRC Collaborations

- Mid-Atlantic TRC conducts workshops with specific states in region
- Presentations when requested
- Respond to TA Requests from State officials and policymakers
Funding for Telehealth Projects

• FCC Rural Health Care Program
• Proposed FCC Connected Care Pilot
  – Broadband connectivity for telehealth & RPM targeted
• HRSA Office of Rural Health Policy (OAT)
• SAMHSA Technology Assisted Care in Targeted Areas of Need Grants
• NIH Development and Translation of Medical Technologies to Reduce Health Disparities
• Private Foundations: Kresge Foundation, Robert Wood Johnson, Kroger Foundation
Federal agencies invest millions of dollars each year to support better access to quality health care for rural and other underserved areas and populations. Some of the better known sources of funding specific to telehealth and use of telehealth technologies include:

**HRSA Federal Office of Rural Health Policy (ORHP), Office for the Advancement of Telehealth Grants**

What the grant will fund:
- Administrative & Clinical Services
- Technology Procurement

**SAMHSA Technology Assisted Care in Targeted Areas of Need Grants**
http://www.samhsa.gov/grants/grant-announcements/ti-16-001

What the grant will fund:
- Administrative & Clinical Services
- Technology Procurement

**NIH Development and Translation of Medical Technologies to Reduce Health Disparities Grants**

What the grant will fund:
- Technology Development

**NIH Technologies for Improving Population Health and Eliminating Health Disparities Grants**

What the grant will fund:
- Technology Development
RESOURCES

Center for Connected Health Policy
www.cchpca.org

Association of State and Territorial Health Offices
www.astho.org

Telehealth Resource Center
www.telehealthresourcecenter.org
THANK YOU!
Round Robin: Peer-to-Peer State Updates

• What telehealth activities has your state pursued in 2019?

• What are your top telehealth priorities?
  • Do you have promising strategies to share?
  • Do you have challenges to share?

• How are you currently engaging with policymakers?

• Do you have questions for the other state teams (e.g., topic areas you would like their perspective on)?
State Share: Florida
Telehealth Services in Florida

• Florida Panhandle:
  • PanCare (based in Panama City, Florida) has implemented a telehealth pilot program (through grant funding) in 27 schools.
  • Telehealth services are provided in Bay, Calhoun, Franklin, Gadsden, Gulf, Holmes, Jackson, Liberty, Walton and Washington counties.

• Miami-Dade County:
  • The Department of Health in Miami-Dade County School Health Program is implementing telehealth services in 62 schools through a $1,000,000 contract with Nicklaus Children’s Hospital.
  • The Children’s Trust allocated over $13 million for contracts with six healthcare organizations to provide Basic school health services, primary care services and telehealth services at 145 Miami-Dade County Public schools.

• The School Health Services Program promotes telehealth services:
  • A representative from Nemours Children's Health System (Natalina Zisa), spoke on the September School Health conference call discussing telehealth in schools.
  • The School Health Services Program Office is exploring possible funding sources for telehealth.
State Share: Hawaii
Hawaii: Telehealth 2019 Activities

• Passed legislation to establish the telehealth advisory council and permanent state telehealth and healthcare access coordinator;

• Legislative funding for telehealth initiatives

• Telehealth Pilots
  • Teledentistry (Oahu)
  • Telepsychiatry/tele mental behavioral health/Substance Misuse/Homeless Primary Care Outreach (Kauai)

• Top Telehealth Priorities
  • Workforce Recruitment, Training and Development
  • Broadband Expansion, Coordination and Collaboration
  • Simplification of Administrative Barriers

• Biggest Challenges
  • Workforce Shortages
  • Provider Reimbursement
State Share:
Montana
Telehealth

Montana DPHHS/Family & Community Health Bureau

Planned Future Efforts

**Family Planning/Title X**

*January 2020*

(State General Fund and GPA-funded)

- Clinic Hub Specialist
- Clinic Hub Specialist
- Telehealth device (e.g., tablet)
- Rural Clinic Staff
- Rural Clinic Staff
- Rural Clinic Staff
- Rural Clinic Staff

**Home Visiting Program**

*Summer 2020*

(HRSA-funded)

- Home Visitor
- Telehealth device (e.g., tablet)
- Rural Participants
- Rural Participants
- Rural Participants
- Rural Participants
MOMS Program
Montana Obstetrics and Maternal Support (MOMS) Program (HRSA-Funded)
Montana DPHHS/Family & Community Health Bureau

**Project ECHO**
- Year 1
  - OB/GYN Expert
  - Scheduled didactic education and maternal health grand rounds for rural clinic providers

**Provider Consultation Access Line**
- Year 1
  - OB/GYN Expert
  - Dedicated time for rural clinic providers to receive consultation on cases

**Simulation in Motion-MI Trucks**
- Year 1
  - Simulation education via mobile SIM lab trucks

**Telem medicine**
- To be deployed in Summer 2020
  - Billings Clinic OB/GYN Experts (Further medical expert hubs to be added)
  - Perinatal Behavioral Health Initiative (PBHI)
    - MTCHF and HRSA-Funded
  - Integrated primary care; behavioral health; care coordination; and peer teams
  - Delivery Hospitals
  - Rural clinics/hospitals in communities across MT
  - High-risk pregnant and postpartum women

**Title V Maternal Child Health Block Grant Program**
- HRSA-Funded

**Maternal Mortality Review (MMR) Teams**
- HRSA-Funded
State Share: Pennsylvania
Discussion: Peer-to-Peer Sharing
Thank you!

Contact us:

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Please take our evaluation!

Help ASTHO evaluate today’s meeting by going to http://bit.ly/telehealthcross-state on your device now!