NUTRITION STANDARDS FOR VENDING MACHINES LOCATED IN DPHHS BUILDINGS

OBJECTIVE:

The Department of Public Health and Human Services (DPHHS) recognizes the adverse impact to health of regular and diet soft drinks and snacks with high sugar, fat and sodium content. The Department supports providing healthy food and beverages to employees. The DPHHS will require that a certain percentage of vending machine offerings meet the following nutrition guidelines when the vending machines are located in DPHHS buildings.

POLICY:

At least 40% of the contents of vending machines under the purview of the Department will meet the following nutrition standards:

1. Less than or equal to 200 calories per serving (except for nuts and seeds without added fats, oils, or caloric sweeteners)
2. No trans fat (0 grams per serving)
3. Total fat: no more than 7 grams; saturated fat no more than 2 grams (nuts, seeds, butters, cheese, combination products of dried fruit and nuts are exempt)
4. Less than 230 milligrams sodium per serving

This percentage may increase over time in an effort to replace offerings with more nutritious selections.