

CHARTER

New York State Cardiac Population Health Initiative A Collaboration Between IPRO and New York State Department of Health

Project Title: New York State Cardiac Population Health Initiative (NYSCPHI)

Sponsors: IPRO and New York State Department of Health (NYSDOH)/Bureau of Community Chronic Disease Prevention (BCCDP), Division of Chronic Disease Prevention (DCDP)

What are we trying to accomplish?

Aim statement:

By July 2014, the NYSCPHI will reduce risk factors and improve health outcomes for patients with cardiovascular disease (CVD) or at high risk of developing CVD in approximately 150 practices. The NYSCPHI will achieve breakthrough improvements in the ABCS (**A**spirin use, **B**lood pressure control, **C**holesterol control, and **S**moking Cessation) of the Million Hearts® initiative through implementation of a Learning and Action Network-and sharing of best practices.

Problem to be addressed:

Heart disease is the number one killer of residents in NYS and across the nation. The major risk factors for heart disease and stroke are hypertension, hyperlipidemia, and smoking. Control rates for these major risk factors are low. Nationally, only 46% of adults with high blood pressure have it under control, only 33% of those with elevated cholesterol are controlled, and adult smoking rates remain high. Improved management of these risk factors will reduce the morbidity, mortality, and cost of CVD.

Reason for the effort:

The NYSCPHI is needed to make breakthrough improvement at the practice level to improve the health outcomes of the major risk factors for heart disease and stroke. Practices need technical assistance and support to make the needed changes to enhance access and continuity of care, to identify and manage their patient population, to plan and manage care, to provide self-care support and community resources, to track and coordinate care and to measure and improve performance around the ABCS of heart health.

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Expected outcomes:

All participating practices will aspire to a 20% increase over their own baseline for the following measures:

- percent of patients 18 years and older with ischemic vascular disease with documented use of aspirin or other antithrombotic (NQF 0068; PQRS #204)
- percent of patients aged 18 through 85 years of age who had a diagnosis of hypertension and whose blood pressure was adequately controlled (<140/90) during the measurement year (NQF 0018; PQRS#236)
- percent of patients 18 years or older with ischemic vascular disease who had a lipid test and whose LDL-C is <100mg/dl (NQF 0075).
- percent of patients aged 18 years or older who were screened about tobacco use one or more times within 24 months AND who received cessation counseling intervention if identified as a tobacco user (NQF 0028; PQRS #226)

All participating practices will report data on a quarterly basis on the NYSCPHI measures
All participating practices will participate in the Learning and Action Network-

How do we know that a change is an improvement?

See Attached Data Measurement Plan