Office of Population Affairs (OPA)

OPA is the focal point for the Department on reproductive health issues (e.g., family planning, adolescent pregnancy, etc.)

Mission of the Title X Program is to provide individuals with the information and means to exercise personal choice in determining the number and spacing of their children, including access to a broad range of acceptable and effective family planning methods and services
Overview of Title X Family Planning Program

What does the Title X program support?

- Although Medicaid is the largest source of public funds for family planning services (71%), Title X sets the standards (guidelines) for the provision of publicly funded family planning services in the U.S.

- Title X funds support clinic operations, equipment, buildings, contraceptive supplies, training and staff salaries

- Title X funds subsidize family planning services for women, men, and adolescents who may not have health insurance or who are not eligible for Medicaid
New Title X Program Guidelines

1) Providing Quality Family Planning Services (QFP)
   Recommends how to provide family planning services in an evidence-informed manner.

2) Title X Program Requirements: Defines program requirements for grantees funded under the Title X program – primarily statutory and regulatory.
Providing Quality Family Planning Services
Recommendations of CDC and the U.S. Office of Population Affairs

Framework for Family Planning, Related and Other Preventive Services

- Family planning services
  - Contraceptive services
  - Pregnancy testing and counseling
  - Achieving pregnancy
  - Basic infertility services
  - Preconception health
  - Sexually transmitted disease services

- Related preventive health services
  (e.g., screening for breast and cervical cancer)

- Other preventive health services
  (e.g., lipid disorders)
Section 1003 - Training

Five National Training Centers:

- **Center for Coordination and Strategic Initiatives** – Altarum Institute (Washington, DC) and Cicatelli Associates, Inc (New York, NY)

- **Center for Management and Systems Improvement** – JSI Research and Training Institute, Inc. (Denver, CO)

- **National Training Center for Family Service Delivery** – Cardea Services (Oakland, CA)

- **National Training Center for Quality Assurance, Quality Improvement and Evaluation** – JSI Research and Training Institute, Inc. (Boston, MA)

- **National Clinical Training Center for Family Planning** – University of Missouri, Kansas City (Kansas City, MO)
National Training Center Resources

- www.fpntc.org
- Information specific to family planning
- Webinars (including archives)
- Resources
- Job aids
OPA Efforts to Encourage Access to LARC Methods

- Grant supplements (FY 2012)
- 340B Drug Pricing Program
- Webinars
- Funding announcements/Program priorities/key issues
- Public support by OPA
- Support for innovative practices – e.g., PP LARC insertion
- Provider training
## Contraceptive Use in Title X

<table>
<thead>
<tr>
<th>Method</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female Sterilization</td>
<td>2%</td>
</tr>
<tr>
<td>IUD</td>
<td>6%</td>
</tr>
<tr>
<td>Implant</td>
<td>2%</td>
</tr>
<tr>
<td>Depo</td>
<td>15%</td>
</tr>
<tr>
<td>OC</td>
<td>32%</td>
</tr>
<tr>
<td>Patch</td>
<td>2%</td>
</tr>
<tr>
<td>Ring</td>
<td>4%</td>
</tr>
<tr>
<td>Male Condom</td>
<td>17%</td>
</tr>
</tbody>
</table>
Proposed Performance Measures for Contraceptive Services

Proportion of female clients aged 15-44 years at risk of unintended pregnancy who received contraceptive services in the past 12 months, that adopt or continue use of FDA-approved methods of contraception that are:

1. **Most effective**
   - male or female sterilization
   - implants
   - intrauterine devices or systems

   OR

2. **Moderately effective**
   - injectables
   - oral pills, patch, ring
   - diaphragm

2. **Long-acting reversible contraception (LARC)**
   - implants
   - IUD/IUS
Thank you - Questions??