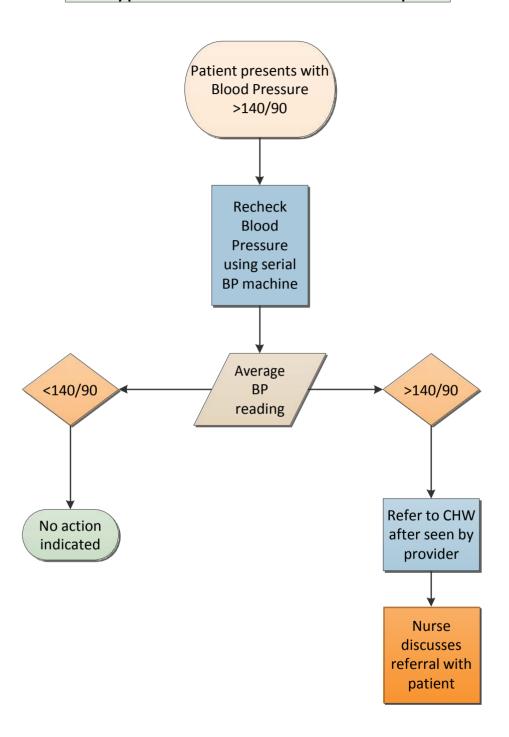


## **Hypertension Process Flow Map**





## **Hypertension Program Protocol**

- Provider sends referral to CHW for patients with a blood pressure over 140/90 mm Hg.
- CHW makes contact with patient and completes lifestyle routine assessment.
- CHW provides basic health education facts to better self-manage blood pressure.
- CHW introduces Hypertension Program to patient and invites patient to orientation.
- Patient either declines orientation, attends orientation and does not commit to program, or attends orientation and commits to Hypertension Program

Patient Declines Orientation	Patient Attends Orientation		
or Does Not Commit to Program	and Commits to Program		
<ul> <li>Request to track patient blood pressure readings over the next 12 weeks</li> </ul>	<ul> <li>Patient is given guidelines of program and contact information</li> </ul>		
<ul> <li>Patient is given a folder of tools to help self-manage blood pressure</li> </ul>	<ul> <li>Patient signs Commitment Card to attend workshops, practice self-management techniques, and check and record blood pressure daily</li> </ul>		
<ul> <li>Patient is monitored weekly by CHW calling patient and tracking BP readings</li> </ul>	<ul> <li>Patient is taught how to use BP cuff at home and given cuff to capture BP readings daily</li> </ul>		
<ul> <li>If patient has questions, concerns, or clinical issues arise, CHW will follow-up with nurse who will refer back to provider</li> </ul>	<ul> <li>BP is read to capture and recorded baseline BP by nurse during orientation</li> </ul>		
	<ul> <li>Patient is given workshop schedule and folder of tools to help self-manage blood pressure.</li> </ul>		
	<ul> <li>Patient is given information and tools on how to record daily blood pressure readings such as BP Passport, Mobile Applications, etc.</li> <li>Patient Portal is explained and encouraged to sign-up and utilize, if internet/smart phone access</li> </ul>		
	<ul> <li>If patient has questions, concerns, or clinical issues arise, CHW will follow-up with nurse who will refer back to provider</li> </ul>		

## **Hypertension Program Flowchart**

