

# Monroe Clinic - Protocol for Patients with Hypertension

Standard Work Document			
Department: Monroe Clinic - Monroe			
Role: RN, LPN's, MA's, C.N.A.'s			
Purpose: Hand-off for Patients with Hypertension			
Date: 8/17/16			
Step No.	What do I do? (VSM step/workflow step)	How do I do it? (Detailed steps - sequential order)	Why do I do it? (Reason why the step is required)
Transferring department staff:			
1	If patient has a Blood Pressure (BP) greater than 180/90 and is <a href="#">symptomatic</a> , get a wheelchair and transfer patient to the ED with a nurse and a second person (nurse or MA)	Obtain wheelchair and call for a nurse to help transfer patient to the ED.	Patient safety
2	If patient has a Blood Pressure greater than 180/90 and is asymptomatic (without symptoms), please recheck the patient's blood pressure in 5 minutes after reviewing the <a href="#">re-assessment guidelines</a> .	Review the re-assessment guidelines and re-check the BP in 5 minutes	To ensure the first BP was accurate
3	If patient's BP remains greater than 180/90 after re-check and remains asymptomatic, call the patient's primary care provider (if they do not have one call the call center at #2600 and ask to speak with the triage nurse).	Communicate to the nurse that the patient has a BP greater than 180/90 and is asymptomatic. Wait for instructions from the nurse.	To obtain further instruction to care for the patient.
4	Follow instructions received from primary care provider.	Instruct patient on plan of care	To ensure patient agrees and understands the plan
5	If BP is less than 180/90 but greater than 140/90 send an inbasket message to the patient's primary care provider	A. Provide patient with hypertension education. B. Direction on how to send inbasket message to nurse pool	To relay elevated BP to primary care provider for follow up.
6	If BP is less than 140/90 nothing needs to be done.		
7			
8			
9			