



## Hypertension Referral Program

1. Blood pressure (BP) is taken for every adult patient at every dental appointment.
2. BP is taken when patients are seated and legs are uncrossed.
3. Patients are asked about medical history, previous BP dx and medications.
4. Patients are asked about factors that affect BP (coffee, exercise, anxiety, smoking etc)
5. BP is recorded in the dental record.
6. If the BP is elevated (140+/90+) dental staff will wait 1-5 minutes to retake the BP.
7. If the BP is elevated (140+/90+) at the 2<sup>nd</sup> reading, both readings are recorded on the Hypertension Referral Form and in the dental record. A dental provider will complete the reason for the referral as well as the service requested. The Dentrax code for BP will be entered in the chart (v300)
8. The patient will be escorted up to the medical clinic with the Hypertension Referral Form where a nurse will initiate a BP check.
9. The Hypertension Referral Form will be completed by medical staff and returned to the dental clinic via interoffice mail.
10. Patients who do not complete the Hypertension Referral Form will be followed up monthly by dental clinic staff. The following questions will be asked:
  - Did you see your provider?
  - Was the provider treatment plan followed?
  - Is your blood pressure reduced or controlled?

REASON FOR REFERRAL	SERVICES REQUESTED
<input type="checkbox"/> Elevated BP at today's appointment. (140+/90+)	<input type="checkbox"/> Ambulatory blood pressure monitoring and report only ( <i>nurse visit</i> ).
<input type="checkbox"/> Previously diagnosed hypertension – elevated today.	<input type="checkbox"/> Medical Provider Consultation / Appointment
<input type="checkbox"/> Secondary hypertension due to: <div style="border-bottom: 1px solid black; width: 200px; margin-top: 5px;"></div>	<input type="checkbox"/> Other:
<input type="checkbox"/> Other: <div style="border-bottom: 1px solid black; width: 150px; display: inline-block;"></div>	

*To be completed by medical personnel:*

Date:

Nurse:

Provider:

BP Reading:  /

Actions/Recommendations: