

Payment & Delivery Reform Technical Assistance Call 3: Applying the Public Health Approach to Suicide Prevention

Resources

This summary document provides a collection of resources mentioned on ASTHO's June 15, 2016, technical assistance webinar on suicide prevention. [Learn more](#) about this webinar and others in the series.

[Suicide Prevention Resource Center \(SPRC\) Trainings](#)

SPRC's self-paced online courses are especially for clinicians and other service providers, educators, health professionals, public officials, and community-based coalitions who are responsible for developing and implementing effective suicide prevention programs and policies.

[Zero Suicide Toolkit](#)

The Zero Suicide Initiative is a commitment to suicide prevention in health and behavioral healthcare systems.

[Man Therapy](#)

Man Therapy is a tool designed to help men with their mental health. To learn more about the research behind the campaign, please refer to: [Man Therapy: An Innovative Approach to Suicide Prevention in Working Aged Men](#).

School and Campus Suicide Prevention:

[Grit Digital Health](#)

A mental fitness center with tools and resources built to match the heartbeat of student life.

[SPRC College and University pages](#)

Accessible through the search function on the SPRC website. Find background information, research, resources and practical examples to support campus suicide prevention and mental health promotion programs.

[The EDC/Jed Foundation Campus Mental Health Planning Guide](#)

Available through the SPRC website, this planning guide outlines steps to build supportive infrastructure, engage in strategic planning, and promote mental health.

[The Jed Foundation](#)

The Jed Foundation's mission is to protect emotional health and prevent suicide among college and university students. To achieve this end, the organization collaborates with the public and leaders in higher education, mental health, and research.

Resources



American Indian/Alaska Native (AI/AN) Suicide Prevention:

[SAMHSA Guide: To Live to See the Great Day That Dawns](#)

Lays the groundwork for community-based suicide prevention and mental health promotion plans for American Indian and Alaska Native youth and young adults. Addresses risks, protective factors, and awareness, and describes prevention models for action.

[SAMHSA American Indian and Alaska Native Culture Card](#)

Intended to enhance cultural competence when serving American Indian and Alaska Native communities. Covers regional differences; cultural customs; spirituality; communications styles; the role of veterans and the elderly, and health disparities, such as suicide.

[SPRC AI/AN Suicide Prevention Trainings](#)

Accessible through the search function on the SPRC website.

LGBTQ Suicide Prevention:

[The Trevor Project](#)

A national resource for LGBTQ suicide prevention, which also offers a hotline for LGBTQ youth in crisis.

[SPRC Workshop for Professionals Service Youth](#)

Available through the search function on the SPRC training website.

Attempt Surveillance Resources

[SPRC Online Training on Suicide Data and Surveillance](#)

Available through the search function on the SPRC training website. Also, see SPRC's surveillance success stories in [Kentucky](#), [Ohio](#), and [Vermont](#).

[AHRQ Healthcare Cost and Utilization Project \(HCUP\)](#)

HCUPnet is a free, on-line query system based on data from the Healthcare Cost and Utilization Project (HCUP). It provides access to health statistics and information on hospital inpatient and emergency department utilization.

[WISQARS Database](#)

Nonfatal injury database collected by the Centers for Disease Control and Prevention.