

DELAWARE

Karyl Thomas Rattay, MD, MS

Director, Division of Public Health

Delaware Department of Health & Social Services



Karyl Rattay is the director of the Delaware Division of Public Health (DPH). Rita M. Landgraf, secretary of the Delaware Department of Health and Social Services, appointed Rattay on May 2, 2009. As DPH director and Delaware's state health officer, Rattay leads 700 employees.

Rattay is board-certified in pediatrics and preventive medicine, and has practiced pediatrics for nearly 14 years. Previously, she worked at Nemours Health & Prevention Services, where she led their childhood obesity initiative and efforts to prevent overweight in primary care settings. Rattay also provided weight management clinical care at the Alfred I. duPont Hospital for Children in

Wilmington, Delaware. She has published multiple articles in the field of childhood obesity.

Between September 2001 and June 2004, Rattay served as a senior public health advisor to the Surgeon General and assistant secretary of health in the Office of Disease Prevention and Health Promotion, Department of Health and Human Services (HHS) in Washington, D.C.

In 1992, Rattay earned a Doctor of Medicine degree from the Medical University of Ohio and then completed her pediatric residency at Georgetown University and a preventive medicine residency at the University of Maryland. Rattay earned a Master of Science degree in epidemiology from the University of Maryland in 2001. She holds Bachelor of Arts degrees in zoology and pre-medicine, which she received in 1987 from Ohio Wesleyan University in Delaware, Ohio.